



Prayer Topics – April

Week 14 : 1st to 7th April

The **DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION** was established at CMC in 2008, the first therapy centre in the region after New Delhi. The department provides holistic intervention and fully-fledged rehabilitation services for the differently abled and has two doctors, two occupational therapists, a male nurse and a physio-therapist. They work in the Child Development clinic, the Cerebral Palsy clinic and the Rheumatology clinic, as well as patients being referred to them from general medicine, neurology, neuro-surgery and paediatrics. It is hoped to



improve current facilities including physio-therapy and occupational therapy including the range of treatments available, to develop the work of the prosthetic and orthotic workshop, and to start a rehabilitation unit in CMC's satellite centre at Hambran with a 10-bedded ward.

PRAISE GOD FOR

- *the postgraduate qualifications and experience gained by a CMC doctor to enable the service to commence*
- *the multidisciplinary team*

PRAY FOR

- *improvements to current facilities and equipment*
- *a wider range of treatments to become available*
- *the development of the prosthetic and orthotic workshop*

- *the start of a rehabilitation unit at the rural satellite centre*
- *the work of the staff in restoring functional ability and quality of life to a greater number of patients*

He said to the paralytic, "I tell you, get up, take up your mat and go home".

Mark 2 v.11

Week 15 : 8th to 14th April

The **DEPARTMENTS OF PHYSIOLOGY, PHARMACOLOGY** and **ANATOMY** are housed in a Health Sciences Block; these subjects are the pre-clinical sciences and provide a foundation for students commencing their training. The pre-clinical and clinical sections of the College **LIBRARY** are also housed in this block. There are also departmental libraries which contain valuable supplementary material. The **DEPARTMENT OF MICROBIOLOGY** also provides teaching to the students of all disciplines as well as training to laboratory technicians, and undertakes laboratory diagnosis of infectious diseases.



PRAISE GOD FOR

- *the facilities for pre-clinical education*
- *an increase in the medical student intake to 75 students each year from 2011*
- *the wide range of journals and books available in the Library*

PRAY FOR

- *more research work to be enabled and published, including provision of adequate resources for the same*
- *postgraduate students to take up all the available places in the basic sciences*
- *work that will have to take place for the implementation of the new medical curriculum being introduced shortly by the Medical Council of India*
- *continued improvements in resources for these departments, including provision of journals and computer links*
- *all the necessary support services with the increase in annual student intake*
- *more faculty in the pre-clinical subjects*

In your teaching show integrity, seriousness and soundness of speech that cannot be condemned.

Titus 2 v.7

Week 16 : 15th to 21st April



PUBLIC RELATIONS There are those within CMC who seek to provide publicity and actively promote the services provided by the institution within the community and beyond. CMC staff are also responsible for keeping the CMC **WEBSITES** up-to-date with details of clinical services available, courses offered and news.

There is now a plethora of hospitals and private clinics in Ludhiana offering general medical and surgical facilities. In this context CMC has identified a number of needs it is seeking to meet: specialist care and treatments for those who need more than private clinics can offer and support for the weaker sections of society.

The medical staff at CMC are keen to publicise the success stories of patients' treatment and to 'advertise' specialty clinics and new treatments being offered.

The **MEDICAL PHOTOGRAPHY UNIT** is well equipped and provides material for teaching and conferences, as well as for some clinical records.

PRAISE GOD FOR

- *active and generous support of the citizens of Ludhiana and their goodwill for the institution*
- *the resources in the medical photography unit which provide materials for the colleges and conferences*

PRAY FOR

- *a favourable response to all publicity*
- *ongoing strengthening of relations with all outside the Institution*

Command them to do good, to be rich in good deeds, and to be generous and willing to share.

1 Timothy 6 v.18

Week 17 : 22nd to 28th April

The **MAINTENANCE** of the hospital, colleges and residential property is undertaken by a team of electricians, carpenters, plumbers, painters, metal workers and mechanics. Other staff are responsible for the **REPAIR** and maintenance of a wide variety of hospital equipment. Their work is taken under the direction of CMC's General Superintendent. Other staff are responsible for tending the **GARDENS** and grounds and keep them looking tidy and well cared for.



The **LAUNDRY** and **SANITATION DEPARTMENTS** are not



glamorous areas in which to work, but are vital and were last upgraded around 10 years ago. The laundry provides a constant supply of linen, but it is a hot place, especially in summer, and suffers from water logging

during the rain. It therefore needs to be relocated and machines replaced. Domestic staff service the hospital and its public areas and their work can do much to enhance its appearance. Ongoing revalidation is required by the Pollution Control Board in the city including of CMC's waste disposal systems.

PRAISE GOD FOR

- *laundry staff who work in difficult conditions*
- *those whose work may appear dull and unrewarding*

PRAY FOR

- *routine maintenance procedures to be developed*
- *more well qualified staff*
- *respect and dignity for those involved in sanitation work*

Show proper respect to everyone.

1 Peter 2 v.17

Week 18 : 29th April to 5th May

India accounts for nearly 60% of global heart ailments, but accounts for the lowest number of surgeries done (WHO statistics in 2010). Rural Punjab reports a very high incidence of diabetes, high blood cholesterol and obesity which, in turn, manifest as cardiac problems, possibly caused by a gradual change in lifestyle - a reduction in hard manual labour and an unchanged diet. The **DEPARTMENT OF CARDIOTHORACIC AND VASCULAR SURGERY** performs five to ten open heart surgery



procedures each week with a low mortality rate (0% mortality in elective heart surgeries) and is also one of the few centres in Punjab using minimally invasive endovascular techniques. Complex heart surgeries are successful because of the excellent infrastructure and faculty, offering international level care in the region. Chronic venous disease is quite common in India with many working whilst standing up, leading to pressure on the veins which then dilate. The department has developed a new technique to deal with varicose veins where a catheter is passed into the diseased vein and therapy given.

The Department performs subsidised open heart surgeries for children with congenital disorders under the 'CMC Gift of Life' project. It has also been recognised by the Government to perform state sponsored heart surgeries on children – this is a rare distinction and honour and reflects on the compassionate and skilled care in CMC.

As well as curative treatments, the department also runs camps in rural and remote areas where emphasis is given to detecting disease and to counselling and educating on prevention.

PRAISE GOD FOR

- *the training of CMC doctors with the skills to perform advanced surgery*
- *successful surgeries being performed on a regular basis*

PRAY FOR

- *the continuing education of people on causes of cardiovascular disease and its prevention*

He has sent me to bind up the broken-hearted.

Isaiah 61 v.2

Pray for Dr. Abraham Thomas and the administrative team for wisdom to further develop the work of CMC – its pioneering treatments, its care for the poor, its training of doctors, nurses and dentists for the rural hospitals of India - so that it remains a beacon for Christ's grace in the Punjab.

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