



Alumni Xpress



The Newsletter of the
Association of Medical Alumni

Christian Medical College & Hospital
Ludhiana (Punjab) INDIA

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EDITORIAL



"We all take different paths in life, but no matter where we go, we take a little of each other everywhere"-Tim McGraw

That is the thought most often echoed by our alumni whenever and wherever we meet. It is the legacy of CMC, what makes it so unique as an institution. It is not the buildings or the old world charm, but the people who make it so. Those five years spent in these hallowed portals are the ones which are most precious to our hearts. Somehow, we carry these precious memories all our lives and the moment we get together, whether after 25 years or 50 years, we are instantly transported to the same era. It is also the magic of CMC, the moral values and the work ethics that it has imparted to us. This has also been expressed by Dr Arun Adlakha, the president of the North American Alumni Association on behalf of our American Alumni in his letter to the Director, Dr. Abraham G. Thomas.

Time has flown and we are at the end of three years of our tenure. We have been lucky to bring our Alumni Express issues on time which has been the umbilical cord attaching you to your Alma Mater. Hopefully you have enjoyed them as much as we did putting them together. In March, we shall be handing over the baton to our successors. It has been a good three years and I wish to thank each and everyone of the Alumni Committee Members for making it so. A special thanks to Rani, for she is the thread which keeps us all together, because coordination is the key to any successful venture.

We are looking forward to meeting the Alumni batches of 1965 and 1984 as they come back to CMC for their 50 and 25 years reunion in March. I am sure they are in for a great trip down memory lane, and we will be lucky to share their excitement and happiness.

Happy reading !

Dr. Jaineet Patil

PRESIDENT'S MESSAGE



Greetings to all of you. I as a president had the privilege of attending a reunion of NAACMC in Los Angeles in July 2014. This was attended by alumni from different parts of the world and was graced by Dr. Sarjit Singh Gill (Batch of 1953). It reminded all of us of the good old times we spent in CMC. It was a celebration of catching up over the years and was a great success!

This time we will hold the reunion of batches of 1965 and 1984 on Founder's Day, 24th March, 2015. I welcome comments and suggestions to make this event a grander success in the coming years. My sincere thanks to the editorial board for their tireless efforts in bringing out this edition of Alumni Express. I wish success to the Alumni Xpress.

Long Live CMC alumni, Long Live CMC!

Dr. Subhash Singla
President

PRINCIPAL'S MESSAGE

It gives me great pleasure to write this message and to wish our Alumni world over complements of the season this new year. After I took charge of the office in Sept. 2014, it has been a time of learning for me personally. I realize the expectations of the students and faculty placed on me in fulfilling their hopes and dreams. C.M.C. Ludhiana has stood above the rest in its approach to education and contribution to society over the years. Today we stand at the cross-roads of change. The true test for us as an Institution will be to continue to be relevant in a society where the value systems are being constantly challenged. The Institution will go a long way in enhancing quality in education in accordance with the objectives of the Institution and in serving society at large with sensitivity and commitment. For this I would need your continued support and prayers.



With best wishes.

Dr. Bobby John, Principal

DOWN MEMORY LANE



The summer of 1965 holds a very special meaning in my heart. This is the year that changed me and my life forever and put me on a trajectory which I could not have then imagined even if I tried a thousand times. The credit for this splendid course of my personal and professional life belongs, mostly, to my Alma mater, CMC and Hospital, Ludhiana.

The highlights of my memories include Ludhiana as a rapidly growing city, buzzing with life, which included, besides plenty of Rickshaw walas, bicycles, scooters and herds of buffaloes all across our main campus. I was overwhelmed to see all the sights and the sounds in and around CMC Ludhiana.

When I went for my first class I met such a variety of classmates, I thought I had just landed in a foreign land. The first shock was to see an equal number of boys and girls (25 each), hailing from all over India and the neighboring countries. The class included 5 students coming from Kenya (born of Indian parents) and one from Penang, Malaysia (Tang Seng Hee) who did not speak much other than Chinese. The Punjabi students were in a distinct minority which I did not mind as I was fascinated by the fact that each State of India was represented by one or two students....quite a social and cultural shock initially but much more fun as we got to know each other better, slowly.

As we were settling down, we were taken to Ross Hostel which had an old section of very large rooms(stables) shared by 2 students in each and a brand new wing of Ross hostel about to open one year later. Life in Ross hostel had its own charm. We lived there for 4 years like one big family and ate our meals in a common kitchen although there were 3 types of cuisines ("Mess" as we called them) making foods that suited vegetarians, Non -Veg and South Indian students. Unfortunately, as we were settling down in Ross Hostel, the Indo-Pak war of 1965 started and we had to literally slip from Bed into trenches when the Siren of expected Air raids on Ludhiana would ring at or past mid night....not a pleasant exercise...but it was over within 2-3 weeks. Besides one week of "Ragging", the social environment was extremely friendly and we had a ball enjoying our evening free time and sleeping on top of the new Ross Hostel which was the tallest structure in the neighborhood.

The highlight of my education in the first year was the

Anatomy Dissection Hall where I had the pleasure of meeting and being coached by Dr. Guy Constable who was also serving as our Principal. He was a man of few words and made learning Anatomy a fairly simple job. Dr Saha, the deputy department head was a strict disciplinarian and we were afraid of him as he had the reputation of being a tough examiner and making sure that there was no one who was not deeply engaged in reading our manuals and dissecting the body parts, shared among 4 students on each table.

I have many fond memories of my teachers most of whom were superb and spent a lot of time mentoring, interspersed with frequent exams. I recall my two senior Physiology Professors Dr. Mookerjee and Dr Bhattacharya (who was also our Hostel warden). As we progressed past the First Professional examination, we were introduced to Dr. Laitey (Pharmacology), Dr. Hans Gurber (Pathology), and Jim Cotelingam- who was a junior faculty member and a great teacher. Dr. L.N. Rao was our dean of students who played multiple roles including, teaching us Microbiology and also a great source of motherly support, whenever there was any kind of tension in any of our campus quarters.

In my final year (3rd Professional) I met Dr. Betty Cowan, who was a gem of a teacher and a good disciplinarian. Dr. B. Howie was one of my most favorite teachers who taught us Obstetrics and Gynecology, along with Dr. Dorothy Barbo and Dr. Murrell. Dr. Mary Mathew and Dr. V.K. Satija were also my senior Medicine Professors. Dr. Kundan Lal was the most funny professor, teaching us about ENT in a very unique yet simplified manner, sharing a simple point system to help in remembering facts about various diseases.

Here and there I saw Dr. Franklin, Dr. Mullholland, Dr. Rambo, Dr. Scott, and Dr. Garst. The beauty of learning medicine in CMC was the availability of the international faculty who were so devoted to teaching that I can confidently state that we received the best possible medical education, which prepared us to pursue high caliber academic careers as well as high quality medical practice in communities that we made our homes, to enjoy a fulfilling life in Medicine. I also remember Dr Ken Scott & Dr Forrest Eggleston.

In summary, my days in CMC (1965-1970) were spent learning not only about Medicine but offered me a great deal of social and practical lessons which made a young boy of 18 years to a mature man within 5 years. This education has served me so very well that my journey of last 50 years has



been full of excitements, learning, teaching and contributing a bit, to make the lives of many a patients easier and healthier. It is on this account that I am planning to pay a homage to the Great Founder of CMC, Dr. Edith Mary Brown and to celebrate the Golden Jubilee of the Class of 1965, on the Founders Day, March 24, 2015!

Dr. Sewa Singh Legha, MD, FACP
Houston, Texas, USA
Batch of 1965

NEWS FROM CMCL

DEPARTMENT OF PATHOLOGY

The Pathology Department actively participated in the Annual conference of 'The North-West Chapter of Indian Association of Pathologists & Microbiologists' held at Dayanand Medical College, Ludhiana on 5th October 2014. An oral presentation on 'Diagnostic dilemmas in round cell tumors of bone' was given by Dr. Kanwardeep S. Kwatra. The post-graduate students presented 5 posters on various topics.

Dr. Roma Issacs, chaired the symposium on uterine mesenchymal tumors.

DEPARTMENT OF BIOCHEMISTRY

Dr. Bharti Uppal was awarded Fellowship of 'Association of Medical Biochemists of India' for her contribution to the field of Medical Biochemistry during the 22nd National Conference AMBICON 2014 at Tirupati, held in November 2014.



WORLD HEART DAY CELEBRATED AT CMC HOSPITAL, LUDHIANA

World Heart Day 2014 was celebrated at CMC & Hospital, Ludhiana on Sept 29, 2014.

Dr Rajneesh Calton, HOD, Department of Cardiology, informed the gathering that World Heart Day is celebrated yearly. Its purpose is to create awareness among people regarding the increasing incidence of heart disease in the world.

Dr Calton informed that the theme of the world heart day, 2014 was "A Heart Healthy Environment." To have a healthy

heart he stressed on developing "Heart healthy" habits like taking healthy food including vegetables, fruits and salads and avoiding fatty and processed food. He motivated the people to do out-door activities, like walking, jogging and taking part in sports and encouraged people to quit smoking and having alcohol. Regular checkups for blood pressure, blood cholesterol and blood sugar are also important, Dr. Calton emphasized.

Dr Abraham G Thomas, Director, CMC & Hospital, Ludhiana, informed the participants that earlier patients had to go to foreign countries for specialized heart treatment, but now all World Class facilities are provided in CMC Ludhiana, in India. He informed that presently the hospital has state of the art departments of Cardiology and Cardiothoracic Surgery. He also informed that CMC is committed to provide the best of care to the needy patients with heart ailments.

Many senior faculty members, staff and students, patients & relatives were present to celebrate this occasion.



NEUROSURGERY CME

This year the 32nd Annual Dr. L.H Lobo Memorial Oration on 'Surgical Management of CV Junction and cervical spine diseases' was organized by the Dr. Lobo Memorial Trust and Department of Neurosurgery on 25th October 2014 with eminent neurosurgeons from various parts of the country coming over to the city of the Ludhiana to deliver talks in the Scientific Symposium.



The inauguration of the Oration and Scientific Symposium and CME was done by the Guest of Honour Sh. Maheshinder Singh Grewal, Advisor to the Honourable Chief Minister of Punjab. The Chief Guest was Professor Atul Goel, Head of Department of Neurosurgery at Seth GS Medical College & KEM Hospital, Mumbai who delivered the oration on 'Surgical Management of CV Junction and cervical spine diseases'. Eminent neurosurgeons who gave scientific talks included Dr. P. Sarat Chandra; Dr. Manmohan Singh, AIIMS, New Delhi; Dr. Pravin Salunke, PGIMER Chandigarh; Dr. Krishna Prabhu, CMC & Hospital, Vellore and Dr. Sarvpreet Singh Grewal, Professor and Head, Department of Neurosurgery at CMC and Hospital Ludhiana. The Scientific Symposium was attended by nearly 300 Neurosurgeons, Orthopaedicians, Medical Faculty, PG Residents and students who experienced an immense scientific feast in the portals of Christian Medical College and hospital, Ludhiana.



DEPARTMENT OF NEUROLOGY

More than 100 Stroke patients receive Clot Bursting Drug in CMC, Ludhiana!

Stroke is the second leading cause of death. More than two-thirds of the deaths due to stroke occur in developing countries like India. Dr. Jeyaraj Pandian upgraded the existing stroke unit at CMC in the year 2008 after completing his Stroke and Neurology Fellowship from Australia. Till now this unit has treated 104 stroke patients with a clot bursting drug (rtPA) who came within 4 ½ hrs after onset of stroke symptoms.

Out of 104 treated patients, 75% of them were functionally independent or left with minimal disability at 3 months follow-up. Among patients who came within 4 ½ hrs, individuals who received it within 90 minutes of stroke onset, improved very well.

A function was held to commemorate the occasion and the Mayor of Ludhiana Mr. Harcharan Singh Gohalwaria was the Chief Guest. He lauded the efforts of stroke unit of CMC in offering this facility for the citizens of the city.

The nurses of the stroke unit enacted a skit emphasising on the awareness of stroke symptoms and early arrival to the hospital.



Play enacted by the Nurses in the stroke unit



One of the stroke survivors sharing his experience of receiving rtPA when he had a stroke

Mayor of Ludhiana
S. Harcharan Singh
Gohalwaria
addressing the
gathering





Stroke Patients who received rtPA with the members of Stroke team



Dr. Jeyaraj D Pandian participates in the University of Sydney delegation's visit to ICMR and Australian High Commission, New Delhi

Dr. Jeyaraj D. Pandian, Professor and Head of Neurology was invited by the University of Sydney to participate in a discussion with the Indian Council of Medical Research (ICMR) regarding a collaborative research. Dr. Pandian is currently doing a large scale home based stroke rehabilitation trial (ATTEND) with funding from NHMRC, Australia. He is collaborating with Prof. Richard Lindley from the University of Sydney and The George Institute of Global Health, Sydney in the ATTEND trial. Prof. Richard Lindley who was part of the University delegation visited CMC Ludhiana and delivered a Guest lecture on "International Collaboration in carrying out large scale trials". Dr. Pandian has been conferred an Honorary Professor position with The George Institute of Global Health, Sydney and he is working towards establishing a MoU with CMC Ludhiana in collaborative clinical research in various departments.



Prof. Richard Lindley from The George Institute of Global Health Sydney

BCRIC

Dr. Neeta D. Kang, Senior Scientist and Head of Betty Cowan Research and Innovation Centre CMCL was invited as a speaker to the 5th Conference of the 'International Association of Spectral Imaging' (IASIM) held in Rome, Italy from December 3 to 5, 2014. She delivered a talk on "Fingerprinting' leukemic blood cells and multiantigen immunohistochemistry in brain tumor samples with chromogenic stains: Plane scan spectral imaging in diagnostics." IASIM-14 welcomed 65 participants from 19 different countries and prominent speakers in the field of Chemometrics.

Dr. Kang was also invited to deliver lectures at Universiti Kebangsaan Malaysia (UKM, Bangi) and Universiti Sains Malaysia (USM, Penang) on November 27 and 28, respectively. These talks were on the use of hyperspectral imaging in various applications.



Dr. Kang delivering her talk and during the Q & A session

DEPARTMENT OF OPHTHALMOLOGY

Ophthalmic Quiz 2014

The Department of Ophthalmology, CMC, Ludhiana organized its 11th Annual Ophthalmic Quiz and Awareness talk for Doctors and medical students on 2nd September 2014.

The Chief guest for the occasion was Dr. A.G. Thomas, Director, CMC & H. He encouraged & appreciated the efforts of the Department and students in organizing this academic session and also in spreading awareness about common eye disorders.

Among the 36 undergraduate MBBS teams, 4 teams had qualified for the quiz following the preliminary round. Dr. Nitin Batra and Dr. Gurvinder Kaur conducted the finals. Mr. Karan Soni and Mr. Himanshu Verma from the Batch of 2011, emerged the Champions in the closely contested quiz. Miss. Sneha Liz Jacob (Batch-2010) was given a special award of Honour for securing a University distinction in the MBBS Ophthalmology Professional examination.

Mr. Prabhujot John (Batch-2011) presented interesting talks on "Path-breaking inventions in Ophthalmology" and Community Based Rehabilitation.



DEPARTMENT OF CTVS

Dr. H.S. Bedi attended the Annual Live Workshop and conference of Vascular Surgeons held on 5th August 2014, at Fortis Heart Institute, Mohali. At this workshop young surgeons from all over the world had a hands on training on the finer points of vascular anastomosis. This was done by actually working on pig aorta with the same sutures used on humans. Dr H.S. Bedi has also been appointed as the Founder President of the "Association of North Zone Cardio Thoracic and Vascular Surgeons (ANZCTVS).



Dr. Harinder Singh Bedi with his Co-faculty

CARES-2015

First Research Symposium organized by Christian Medical College Ludhiana.

CHRISMED Annual Research and Education Symposium (CARES 2015) was organized on 5th of March 2015 in the Hospital auditorium. The purpose of this research symposium was to promote Research work among the Medical, Dental, Nursing, Physiotherapy, Allied Health Sciences students and faculty, and also in the field of Molecular Science.

This one day symposium received an overwhelming response from the students and faculty of CMC. The unique event was organized under the patronage of Dr. Abraham G. Thomas, Director, Christian Medical College & Hospital. Dr Thomas spoke about the legacy of medical research in CMC. The chief guest for the event was Dr. Manjit Kaur Mohi, Director Research and Medical Education, Punjab. Dr Mohi congratulated the Christian Medical College for organising this event and stated that medical research should improve in all the medical colleges in the State. Dr. Gurinder Singh Grewal, President, Punjab Medical Council, also spoke on the occasion about the importance of patient management in addition to research. Dr. Kapil Gupta, Member PMC mentioned that CMEs are important for health professionals for the better delivery of treatments to the patients.



Dr. Bobby John, Principal, CMC was the Chief advisor for the symposium and he stated that medical research is essential for the advancement of treatment of diseases. Dr. Jeyaraj Pandian, Deputy Director of Research and Development and the Organizing Secretary mentioned that for the first time all the colleges have come together to share their research on one platform. Dr. Kanwardeep Kwatra and Dr Jency M Koshy were the Joint Organizing Secretaries who coordinated the work with the scientific committee of the program.

There were 114 original research papers accepted and 110 were presented by participants coming from various disciplines of all the five colleges of CMC, which included Post Graduate students, medical students, nurses, physiotherapists, dentists and faculty members. The papers were judged by eminent medical professionals coming from various institutions of the region. There were five parallel e-poster presentations which were moderated by Christian Medical College faculty members. There was an excellent interaction between the presenters and participants from all the colleges. Out of 110 E-Posters, 10 best papers were selected and they were given an opportunity to discuss their research in an open forum and one prize was given for the best oral presentation.



CMCNAA ALUMNI MEETING - A GRAND SUCCESS!

The 33rd CMCNAA get together at LA, California was a great success. Dr. Elizabeth & Joy Paul did a phenomenal job in setting up the meeting and the President Dr. Arun Adlakha has conveyed his heartiest congratulations & gratitude for their selfless and dedicated hard work and discipline in making CMC alumni stronger, stable and productive in a letter to the Director Dr. Abraham G. Thomas.



Dr. Sarjit Singh Gill (Batch of 1953) was awarded the Lifetime Achievement award at this meeting. The President has also appreciated the spiritual, technical, physical, social and personal support rendered by Rev. Max Marble and his wife, Sally Marble, who have achieved so much in such a short time. He has also expressed his thanks to the executive committee and all the alumni members as well as Dr. Subhash Singla (President, CMCL Alumni Association, India) for attending the meeting and for strengthening the CMCNAA.

The next meeting is to be held at Cleveland, Ohio (13th - 15th August, 2015) and they hope to increase the attendance for future meetings, especially with the younger colleges. Dr. Adlakha expressed the joy which fills the soul, after meeting CMC friends & family and he requested all the alumni to attend the meetings. He has invited ideas for helping to strengthen and on for the growth of the association.



Batch of 1989: Reunion with Teachers on 15th Nov.- 2014 on completing 25 years of joining MBBS course.

MY LIFE IN SNOW

The year was 2009 and change was everywhere. From a dusty city to a medical college to a world of a different language and 'paranthas'...to a new home! A new chapter had begun, a near total of 1885 pages (Further details shall be spared!).

'Fright' were the first few weeks in Snow Hostel. Besides the innumerable "for the first time..." everything was new and oddly exciting. We soon learnt how to- 'hussssh' near the corridors, were aware of the passing mornings and evenings, the 'dress-code', the forbidden grounds (viz. TV room), not unless one was in for the 'interaction'.

When the fright ceased, the fun began with late night charts and Freshers night preparations, the emergency 'histo-anat' diagram hours, the seminar brainstorming sessions, settling in with a 'roomie' and everything in between. My fondest initial memories were of our heated discussions around 'The' mess table. Our then measly measured meals never stopped the chatter and tirades over the daily news and happenings. When the pristine white walls, from where Snow Hostel could've earned its name, began glistening again, it meant spring-cleaning. Our first 'Snow Day' remains a treasured evening. Officially and forever a 'Snowie'!

The horror struck home when the stormy Prof clouds loomed over. The hostel turned a graveyard (of course, the notices of "keep-it-low!" helped) as sleep-deprived, panic stricken faces roamed the hallways. A whole lot of us built our relief camps in the earlier wood-roofed mess. Glued to 'our' seats and armed with books, we formed study partners and 'wake-me-up-duty' friends and new addictions to last a long, long while. This ended up being an annual forecast!

With occasional catfights (well, we just don't agree on a few things!), "warden ma'am, motor chalao", fiery GBMs, 'girl-time', random frenzy parties, conversations (even alarms) that seeped through paper-thin walls, the current affairs, major 'selfie-taking' sessions, the murmur of late entries and convincing wardens... Snow-life always seemed abuzz

The year rolled by and seniority came attached with a new found freedom- Single rooms! Freedom it was when the room-turned jungle, the music of your taste or even the wild



dancing-your-heart-out couldn't bother anyone. Then again, after having watched everything on your laptop, be it movies/series/ shows/ dramas in every language possible, over and over again; one craved for the company. So followed the random get-togethers. The fondest being digging up the numbers- be it Laddoo Chicken, Burger Hut, Dominoes, Aman Chicken or even the unfortunate one blessed with 'home-food'- feast and crash! Looking back, I now realize hostel life does imbibe those much needed lessons. We learn to care and to share, to adjust and to make-do. It does so much become a second-home by the end of those five and a half years.

If ever, I could go back in time and press the freeze button, it would be to...

One midnight in Snow, where a bunch of us had gathered in a room. The chocolate truffle cake was cut, the coke bottles and chips packets near empty and the birthday-girl had successfully finished getting rid of her cake-facial. All were there detoxifying the minds with the chatter and bubbling laughter.

Those were the moments of pure happiness and therein the seeds of love and friendship were sowed, which would see us through the years ahead. That's what happened within the walls of Snow; life lessons were learnt, memories were created, friendships and relationships forged and best of all, bonds to last a lifetime.

Jeni Mariam George
Batch of 2009



MY LIFE IN ROSS

The Ross Hostel, (or should I say "Rose" Hostel, according to a street sign just 40 steps away from the main road, whimsical right!!) of Christian Medical College is 'the Boy's hostel' for under-graduate medical students. For calling it so- I might create a strong disapprobation among my fellow Rossians (past and future) who, staunchly call it 'a Men's Hostel'. A place one is allowed to grow a beard (no matter what the world says), a place where one is allowed to have a round-table conference in a poor souls room (who was supposed to study that day and is probably cursing everybody there) to discuss worldly cum college cum 'which girl looked good today in class or who smiled at you that day' matters, a sanctuary for men where the grass in the lawn is more immaculate than our rooms (this dainty lawn around the water motor has replaced the area where once the Rossians played cricket).

As my fugacious stay here comes to an end, my experience I would say in one word would be 'volatile'. An experience marked by an erratic changeableness of affection and attachments. Coming to Ludhiana and the hostel was like some maiden voyage-outside home for the first time. For a 'boy' who has never done anything independently, I was full of apprehension and joy. Being finally away from my folks and in a condition to do what I pleased signalled back to me mixed feelings.

As freshers (our first year)- a time when our rooms were a lot more tidy- our activities included wishing our seniors, getting studying advice from our seniors, getting music and lyrics advice from our seniors, getting books marked from our seniors, getting 'girlfriends advice' from our seniors (you get the point, right!).



As years passed- as Second, Pre-final, Final year passed, when we climbed up the ladder of seniority (in our minds, that is and the hostel) we found ourselves in our seniors' very own shoes –with the only difference being either we didn't want the juniors to pick our so called brains out of our egos or due to certain regulations, which didn't permit us from even asking their names, leave alone talk to them. Anyway life at Ross still went on-whether fun times (at a road-runners pace) or the Red Bull guzzling exam times(at a snail's pace). We would also hit the famous Ross Gymnasium like there is no

tomorrow. And when we actually decide to show up for class -the 'Love Bug' or should I say 'the Infatuation Bug' takes no time to bite the Rossian. You would run back to your lair, like a boy in a Charles Dickens's novel to tell your heroic feat of the day. And boys (alright Men) can't keep secrets -that very day everybody in class will know your likings -which would be avidly discussed. By the end, you would know all the ladies every Man in your class has ever liked!



Ross day - a day in October on which we bid farewell to the Final year students (just ten days before their Final exam) and more importantly a day when 'the ladies' (since we are calling Rossians men, I'm obliged to call Snowies ladies) can enter –beyond the visitor's rooms and into our very own rooms. I think, a time of the year, when we finally have to look like men...Escorting our lady counterparts to our rooms, providing them with special treats and food (if we have any) and complementing them on their attire and for that special lady (if she actually cares), a little extra conversation in our room! The recent 'Swachh Bharat Abhiyan' in the hostel has made it look less like 'Downtown Detroit' and more like a place where budding doctors live.

The endless guffawing, countless quarrels, the umpteen amount of wasting time and specific September-October (for some, October, others November would do just fine) months of studying will always have a special place in my heart. The friendships forged in the furnace of medical college will live with me forever. To all my fellow Rossians especially the Class of 2013 –as the ephemerality of college life comes to an end, I would like to thank everybody for these wonderful 5 years. Thank you for sharing your life with me and for listening and taking interest in mine. We get truly moulded out into a man from a boy. And as we leave this place –addressing all the Past and Future Rossians to always chase your dreams in life, you may not be there today, but you are closer than you were yesterday.

Max K. Shibu
Batch of 2009



**ROSS DAY 2014
FAREWELL TO THE BATCH OF 2010**



Ross Photo



Chief Guest Dr A.O. Afzal



Dr. Millicent Wilson Xavier, Guest of Honour



Mr K T Varghese, Guest of Honour



Champions Trophy- Batch of 2010



Batch of 2010



CHRISTMAS PLAY 2014





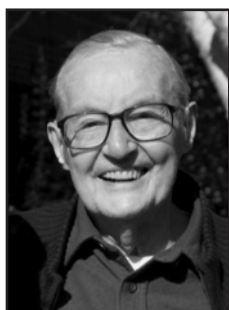
REPUBLIC DAY 2015



30th INSTITUTIONAL ANNUAL ATHLETIC MEET 2015



OBITUARIES



Dr. Kenneth Scott was born on March 22nd 1916, in Shantung Peninsula, China. He was a Board Certified Surgeon with wide experience in Thoracic and Plastic Surgery. He was from the Presbyterian Church of USA on Ecumenical Mission for World missionary and a committed Surgeon, administrator and a musician. Dr. Scott came to Ludhiana in July 1964, along with his wife Ann, a nurse and children. Dr. Scott continued as the Director of CMC Ludhiana from 1964 to 1974 before handing over the responsibility to Dr. K. N. Nambudripad in 1974. CMC Ludhiana went through rapid development during this period, especially in new PG courses and infrastructure development. Dr. Scott went back to North Carolina after the tenure here. He is remembered as an able administrator, also a musician and committed for the Lord's work in Ludhiana. Mrs. Scott passed away in 2010 and Dr. Scott on 15th September, 2014.

Professor and then as Professor from 1970. He left Ludhiana in 1971, back to Holland. On 17th December, 2014 Dr. Franken passed away at the age of 95. He is remembered for his work and leadership in Ophthalmology and also as a good violinist.

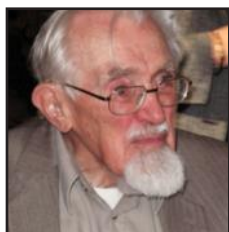


Dr. Molly John was in CMC Ludhiana from 1962 to 1971. She did her MBBS and MD Anaesthesia here and later was in the Medical College under Kerala University. She passed away in January 2015 after prolonged illness related to malignancy.

Dr. Susan Das Lyall (Batch of 1965) passed away on 30th Dec, 2014. She was suffering from dementia and several complications. It was their 50th Reunion year this time in CMC Ludhiana.

Dr. Ghanshyam Gupta (Batch of 1972) passed away on 9th August 2014 in Saharanpur.

Dr. Simon Franken was born on 29th December, 1919 in Holland. He was from the Dutch Lutheran Church and did his specialty in Ophthalmology in 1961 from Holland. He came to CMC Ludhiana in 1962 along with his family on an invitation from Dr. Victor Rambo and helped sustain the Eye work. After a long period of 6 years, the University and MCI approved his appointment as Assistant



Dr. Ramandeep Singh (Batch of 1996) passed away on 16th November 2014.



ANNOUNCEMENTS

Golden Eye

The Department of Ophthalmology, Christian Medical College & Hospital, Ludhiana Celebrates 50 Years of its Post-graduation course on 23rd March 2015.

Reunion of the Batches of 1965 and 1984 On Tuesday, 24th March, 2015

The Founder's Day celebrations will be held on Tuesday, 24th March, 2015 at CMC Ludhiana. The batches of 1965 & 1984 will celebrate their 50 & 25 years reunions respectively. We invite the alumni of both these batches to confirm their participation and to share contact information with us regarding their batch mates. We would like you to make the most of this opportunity to visit your Alma Mater and meet up with old friends.

Contact us at: cmcl_alumni@yahoo.com

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Moved/ Moving? Let us know!

Have you recently changed your e-mail/contact no./ address or are moving to a new one in the near future? Do let us know so that we can maintain you in our mailing list & be in touch.

Contact us at: Association of Medical Alumni, Christian Medical College, Ludhiana - 141008, Punjab, India
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