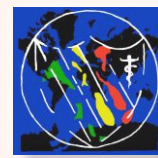




Alumni Xpress



The Newsletter of the
Association of Medical Alumni

Christian Medical College & Hospital
Ludhiana (Punjab) INDIA

VOLUME X No. 2

AUGUST 2015

EDITORIAL



Greetings from the Alumni Association!

With the rains setting in and the campus a verdant green, we are pleased to release this first issue of the Alumni Express after a change of team at the helm. We plan to bring our alumni closer to their alma mater with each issue of the newsletter.

The reunion for the batches of 1965 and 1984 was held on Founder's day this year. It was a delight to see the pleasure and enthusiasm among both the batches on their return to their alma mater, for some after many years.

I hope that you enjoy this issue of the alumni express which is a potpourri of happenings in CMC, the reunion and convocation snippets, how students see CMC and a walk down memory lane from Dr Tarun Satija (Batch of 1985).

In the subsequent issues we plan to update you on the developments taking place in the various departments, their major accomplishments, present status and plans and vision for the future. We hope that this will encourage more collaboration between the alumni and the hospital. For the benefit of the present students, we would also encourage you to share your experiences on what being in CMC meant to you and how it shaped your life.

Dr. Inderpreet Sohi
Vice-President

PRESIDENT'S MESSAGE



Greetings to all Alumni here at Ludhiana and in all the other parts of this world!

It feels wonderful to be able to connect to you and apprise you about some events happening and how your alma mater is progressing ever since you graduated and chose to make a difference in the field that you are in. CMC Ludhiana is in the process of preparing to receive a new batch of students this August and every time we go through this process it reminds us all about two things: our own times when we entered the portals of CMC Ludhiana and also an opportunity to play mentors to all these young ones. Who knows which alumnus sitting far away in a distant part of the country or working abroad is going to hear the stories of your work and be inspired! The editorial team has been doing an excellent job of bringing these stories of the present and past through our issues of Alumni Express.

I hope this issue of the Alumni Express also helps to inspire and encourage us and make us thankful to the Almighty for allowing us to be used as His tools for His wonderful Ministry called Healthcare. We hope you will continue to share your memories with us for the fourth coming issue of the newsletter.

Happy reading!

Dr. Subhash Singla
President

DOWN MEMORY LANE



I have fond memories of my life in CMC and would perhaps have to write a book to pen down even a few of these details. I was born in old CMC hospital known as *Dai Ahata* and subsequently grew up in CMC campus as my father Dr. V.K Satija was a consultant in the hospital. I was fortunate to join CMC and did my graduation followed by post graduation in Medicine in 1994 and

worked as faculty till 1997.

First and foremost I would say that CMC's education was commendable as it encouraged all round development of an individual. Besides quality education and training, CMC always encouraged extra-curricular activities and interpersonal bonding. Our teachers not only imparted medical knowledge but also taught us human qualities like dedication, empathy and sacrifice. It would be unfair to single out a few names of extraordinary teachers as I feel that all our

teachers were exemplary and excelled in their fields. They were driven by a passion to share their knowledge with their students. No doubt because of this, CMC's alumni are providing quality medical care all over the world today.

Studying in CMC under the shadow of my illustrious father added a new angle to my existence. I had the advantage of being accepted in the CMC community with far more ease than my compatriots. I received whole hearted cooperation of all staff, students and teachers. The other side of the coin was the high expectations in all fields -academic, discipline or general conduct. I had to obey all the rules especially the ones which were laid out by my father. For instance, as a resident in Medicine department, I was one of the few who stayed in the duty room on call days as demanded by my father who was the HOD. This was partly because of my respect for his decision and also because I could not go home when he knew that I was on call!



I had an eventful stay in the campus but there is one incident which I would like to share. All CMCites would remember the '*special orientation program*' conducted by the seniors for the newly inducted Rossians. Technically, I was not a Rossian as I was a day scholar. However, I followed the advice of my well wishing seniors and decided to join this interaction with them. I reached Ross hostel at about 9 pm and received a hearty welcome with loud endearments in my native Punjabi and assortment of other languages. I was amazed at this fluency in Punjabi even in people not from Punjab! The enthusiasm and hearty welcome on my entry at Ross probably surpassed the one I received when I entered the world in 1968!!



I was taken through the Ross hostel mess and it appeared as if I was being taken for a sacrifice as there was a frenzy of chants, hooting and comments from all around. I was escorted to one of my esteemed senior's room where I undressed into the traditional outfit which I would call the *Ross outfit for the interaction*. Without wasting any time, I was taken to the central lawns of Ross where my fellow classmates had already started to perform. I felt like a wrestler in WWF as I heard loud applause and whistles from all over. The whole purpose of the show was to demonstrate talents like singing, dancing, public speaking and dramatic enactments. The seniors were very supportive as they had arranged for music, lights and of course extempore comments. In view of the hot weather, they had also procured water hoses for the purpose of cooling the freshers occasionally. May be the idea of water parks in India was first conceived here in the Ross Lawns!

However, good things don't last long! There was a surprise raid as CMC authorities did not appear to be keen for such orientation programs. Everyone scurried back to their rooms and I had to take refuge on the terrace as I had no room in the hostel and no one wanted to be caught harbouring me in their room. After about an hour on the roof, shivering in my Ross outfit, I was rescued by some seniors who took pity on me and gave me their clothes and footwear. Further, they helped me climb the Ross hostel wall and jump to freedom!



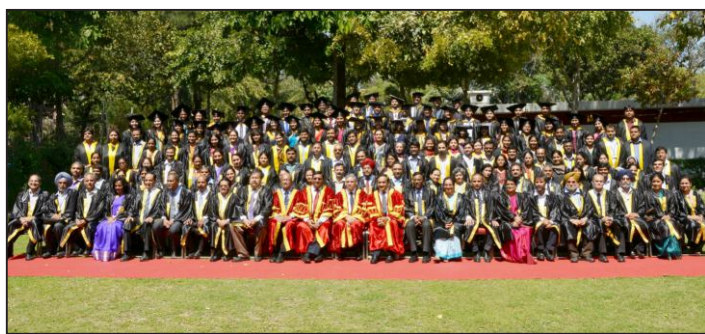
However, the dogs in Khud Mohalla did not take very kindly to my encroachment of their territory at midnight. In a flash, I decided that CMC authorities and seniors were less ferocious than these canine friends and jumped back into Ross minus my slippers and major part of clothing. By this time, the raid had ended and I was escorted back to the CMC campus by the two seniors whom I would not name but who later became very good friends during my stay in CMC!

As I look back in my life, there is a sense of nostalgia, gratitude and joy for days spent in CMC. Whatever I am today, it is because of my alma mater. *Kaash koi lauta de woh beetey huye din.*

Dr. Tarun Satija
Batch of 1985

CONVOCATION 2015

23rd March 2015



ALUMNI AWARDS 2015



**Alumni Lifetime Service Award 2015 presented to
Dr. George Varghese &
Dr. (Mrs) Sheila Grace Varghese**

Citation: Dr. George Varghese has been selected after due consideration to receive the Annual Alumni Lifetime Service Award of the Christian Medical College, Ludhiana, for his outstanding service to the community.

Dr. George Varghese graduated from Christian Medical College & Hospital, Ludhiana in 1976 and joined the Herbertpur Christian Hospital, where he worked from 1977 under the guidance of Dr. Simon Satow, a renowned surgeon. In 1979, he joined the Lady Willingdon Hospital, Manali. He further received training at CMC in Anaesthesia from Dr. Frank Prior, Orthopaedic training at Sancheti Orthopaedic Hospital, Pune and St. Gallen Hospital, Switzerland.

He served as Medical Superintendent at Lady Willingdon Hospital Manali from 1979 till 2005 and its rural centres from 2006 to 2015. He was instrumental in reviving a 22 bedded ailing hospital to a 50 bedded hospital with all basic facilities to provide adequate health care to the people of Himachal Pradesh. He was also involved in NHRM camps in Himachal during this time. Dr. George Varghese served as a true ambassador of CMC with the motto 'Reach out and Serve'. He was the Director of the Community Care Wing of the Lady Willingdon Hospital and conducted camps in the most backward and rural areas of Lahaul & Spiti to provide dedicated and uncompromised service to the community by introducing innovations as per global trends and advances to

people especially from the weaker section of society.

As a response to health and educational needs in these areas, he started a school with 9 children which is now an ICSE school with a strength of 460. He has been part of the management board of this school for the last 25 years. He also started a model preschool in 2008 to train preschool teachers who would duplicate this model in villages.

He became a member of faculty of Toledo University and was inducted into the Hall of Fame in April, 2011. He also has a Fellowship from The Royal College of Surgeons, Glasgow.

We recognize Dr. George Varghese's commitment in providing medical services to the poor and marginalized with compassion, conviction, integrity and perseverance. In giving you this award, Dr. Varghese, we take pride, for you have demonstrated to us how "To serve one another in Love".

Citation: Dr. (Mrs.) Sheila Grace Varghese has been selected after due consideration to receive the Annual Alumni Lifetime Service Award of the Christian Medical College, Ludhiana, for her outstanding service to the community.

Dr. Sheila graduated from Christian Medical College & Hospital, Ludhiana in 1976 and joined the Lady Willingdon Hospital, Manali in 1979. She did her Diploma in Child Health in King Edward Memorial College & Hospital, Pune in 1985 and underwent a Fellowship in Palliative Care with the CMAI in 2007. She has a Counselling Training Level One in the process of accreditation. She has served at Lady Willingdon Hospital, Manali from 1979 onwards for 29 years as a paediatrician and obstetrician.

Dr. Sheila was instrumental in reviving a 22 bedded ailing hospital to a 50 bedded hospital with all basic facilities to provide adequate health care to the people of Himachal Pradesh. As a response to health and educational needs in these areas, she along with her husband started a school with 9 children which is now an ICSE school with a strength of 460. She has been part of the Management Board of this school for the last 25 years. She also started a model preschool in 2008 to train preschool teachers who would duplicate this model in villages.

Dr. Sheila has been a pillar of strength to Dr. George Varghese as he fulfilled his duties as the Medical Superintendent at Lady Willingdon Hospital, Manali and is adept at administrative and multi-faceted organizational skills involving team work. She has been involved in school health and immunization camps in distant areas of Himachal Pradesh.

We recognize Dr. Sheila's commitment in providing medical services to the poor with compassion, conviction, integrity and perseverance. In giving you this award, Dr. Sheila Grace Varghese, we take pride, for you have demonstrated to us how "To serve one another in Love".

**Batch of 1976 Award-2015 for
Excellence in Teaching presented to
Dr. Anna Mani
Professor, Department of Medicine**



**Dr. V. K. Satija Memorial Award-2015 for
Best Clinical Teacher presented to
Dr. Inderpreet Sohi
Professor, Department of Paediatrics**



**Eileen B. Snow CMC Alumni Award for
Best All Round Graduate- 2015 presented to
Swetha Ann Alexander (Batch of 2010)**



After a long time Dr. Alex Zachariah visited Ludhiana in July 2015 for 2 weeks. I had the privilege to meet him. We enjoyed a lot and learnt a lot from his experiences.

It was a memorable day!

-Dr. Subhash Singla

MY LIFE IN SNOW



Stepping through the red brick grandeur of CMC, gave me chills running down my spine. It was the turbulence of excitement, apprehension, a sense of belonging all at once. I could tell all my colleagues felt the same. We were at the cross roads of our lives. But all the worry evaporated, when the CMC community welcomed us in, held our hands, opened our minds and touched our hearts. The roads of different states led us all to one place where we were to spend the most memorable time of our lives.



"Xanthronz" was our cosmos. There was strength in our differences. One could say the reason we all got along so well was because each person was nutty in their own way. If one of us was normal, it would unbalance the rest! Sure, life had its ups and downs. One instant we'd be lazing around in the lawns, next we'd be burying our noses in gargantuan literature. Life in the fast lane. Papers, presentations, assignments, exams were being flung at us at lightning speed. But we survived. The Batch stood strong. Not to forget, the share of parties, batch trips, Musicals, Systole which brought us further together... I made friends here to last me a lifetime.



Like a candle that lights a thousand others, there have always been our teachers who have moulded us to who we are today. They taught us to dream, believe and achieve. To get out of our cocoons and spread our wings. Their service will forever be etched on our character.

This piece would be incomplete without forever thanking God for all the marvels He has performed throughout my life. We strive to make our alma mater proud and grand, with our

strength we will serve thee till the end for Our work is for a King.

Dr. Shwetha Ann Alexander
Batch of 2010

MY LIFE IN ROSS



Many of us were in tears when we were left here by our parents. Staring at the eternal maze of buildings and narrow lanes that made up this new city, we felt torn apart from our familiar surrounding and with the least idea of what to expect for the future. The seemingly exciting prospect of pursuing the coveted MBBS course in this prestigious and glorious institution admixed with the apprehension about the new surroundings created the sense of almost perfect cluelessness in most of us. But 5 years and many wonderful memories down the line we know that it was in fact divine purpose that brought us together from many corners of the world to constitute the last batch of 50 to walk the hallways of this grand institution.

The initial days of acclimatisation involved us interacting with each other and some seniors in a wonderful orientation programme charted out for us. Then we officially started life in MBBS with a rather intimidating first lecture in Anatomy. But as if anatomy was the most daunting task ahead of us, we came to realise sooner than later that we had to put up a programme for the entire college which we so memorably did in the old Assembly Hall. We danced, sang, put on weird costumes and acted as whistles and cheers erupted from the rather noisy gathering that evening. But by the end we were appreciated as it was realised that we were a bold bunch who wouldn't hold back but rather give our best no matter what the situation. Then came Systole and many of us discovered unique God-given talents during those magical 10 days. In fact down the years it was these programmes and college activities which kept us up and running in the seemingly moribund and stifling schedule of the MBBS course. Be it the Musicals, Christmas choirs, Systole etc. every event we took part in played a definite role in shaping our lives during these formative years.

The other beautiful experience in this place is the hostel life we had. The very name of the hostel had so much emotion and pride attached to it that every time a faculty member who lived in Ross earlier would interact with us the first thing he would tell us was that he also was a 'Rossian'. It was a beautiful place where we made the transition from boys to men. Differences of caste, creed or colour were no barrier as we lived together and enjoyed the best part of our lives in this lively place. Credit goes to our administration for the efficient work they have done in the upkeep and maintenance of this hostel which made it a wonderful place to be and made hostel life, which was a first for most of us, undoubtedly amazing. I will not be entirely mistaken if I claim that this is probably among the best hostels for medical undergraduates



in the country. It is truly the perfect blend of fun, frolic, responsibility and co operation.

Now as most of our batch is going through the clinical rotations of internship and we slowly make the transition from student to doctor, I sincerely hope that this beautiful institution continues to inspire many more lives and provide the same amount of holistic quality to the healthcare status of this country that probably no other institution in this country can provide. Long live our glorious Alma Mater!

Dr. Jesse Jacob Skariah
Batch of 2010

ASSOCIATION OF MEDICAL ALUMNI ELECTIONS - 2015



President – Dr. Subhash Singla

Vice Presidents – Dr. Nitin Batra, Dr. Inderpreet Sohi

Secretary – Dr. Ajay Kumar

Joint Secretary – Dr. Madhulika Johnson

Treasurer – Dr. Santhosh Mathangi

Executive Members – Dr. Ravinder Singh Thind, Dr. Harish Gambhir, Dr. Clarence Samuel James, Dr. Allen Joseph, Dr. Kailash Chander

ANNOUNCEMENT

**Reunion of the Batches of 1966 and 1985
On Thursday, 24th March, 2016**

The Founder's Day celebrations will be held on Thursday, 24th March, 2016 at CMC Ludhiana. The batches of 1966 & 1985 will celebrate their 50 & 25 years reunions respectively. We invite the alumni of both these batches to confirm their participation and to share contact information with us regarding their batch mates. We would like you to make the most of this opportunity to visit your Alma Mater and meet up with old friends. Please send us an email if you have not received our official reunion invitation via email. **Contact us at: cmcl_alumni@yahoo.com**

FOUNDER'S DAY CELEBRATION & ALUMNI REUNIONS 2015

The Annual Founder's Day was celebrated on 24th March, 2015 in the fond memory of our founder, Dr. Edith Mary Brown. Nearly 30 alumni from the batches of 1965 and 1984 visited their alma mater for their 50 years and 25 years reunion respectively, some of them decades after having left the portals of Christian Medical College!

The day started with the Lord's prayer in Lady Willingdon Hall. Dr. Subhash Singla, President, Association of Medical Alumni, CMC welcomed the visiting alumni as well as alumni from the city and nearby towns.

The Director, Dr. Abraham G. Thomas and the Principal, Dr. Bobby John, CMC & Hospital, addressed the gathering. There was a CME held in which Dr. Subhash Chander Khanna (U.K.) & Dr. Sewa Singh Legha (U.S.A.) from the Batch of 1965, delivered a scientific talk on "Breast Cancer- Current Treatment Concepts". Dr. Ajay Kumar Dhawan (U.S.) from the Batch of 1984, delivered another talk on "Lean/TPS in Healthcare".

Dr. Abraham G. Thomas, Director and Dr. Kim J. Mammen, Associate Director, gave away the mementoes to the Reunion Batches. During this precious time period, the Alumni shared their experiences since graduation and also narrated anecdotes about their time spent in CMC many years ago. The new team of office bearers was elected for the Alumni Association during the General Body Meeting. The alumni also visited the hostels, college and hospital locations to recall their old memories and to see the progress that has taken place at CMC, since the days that they were studying in this esteemed medical college.

We thank everyone from the batches of 1965 and 1984 for their presence and for making the Founder's Day 2015 truly memorable!

Batch of 1965



Batch of 1984



Dr. Ashok Aggarwal, Dr. Sewa Singh Legha, Dr. Subhash Khanna, Dr. Narjit Singh Sodhi, Dr. Sunit Kaur Anand, Dr. John Madhu Joseph, Dr. Jacob N. Thomas, Dr. Alexander Paul, and Dr. Usha Gupta attended.



Dr. Ajay Kumar Dhawan, Dr. William Bhatti, Dr. Allen Joseph, Dr. Sunil Prakash Bhatti, Dr. Rajendra Bhooshan, Dr. Indra Daniel nee Bachan, Dr. Sangeeta Paul nee Aggarwal, Dr. Satyajit Daniel, Dr. Jobin Thomas, Dr. Vanie Sarda, Dr. Parveen Reuben, Dr. Pinky Elizabeth, Dr. Gurbaksh Chaudhary, Dr. Subhash S. Lazarus and Dr. Simon David Dasiah attended.

DEPARTMENT OF OPHTHALMOLOGY-GOLDEN JUBILEE 50 YEARS OF POST-GRADUATION COURSE (1965-2015)

The Department of Ophthalmology, Christian Medical College and Hospital, Ludhiana celebrated the Golden Jubilee of its Post Graduate program in March. Dr. Simon Franken and Dr. V.C Rambo were the pioneers who were instrumental in getting the PG program started in the Department in 1965. Since then, the Department has continued to provide Eye Care to the people of Punjab and the neighboring states through its Mobile Eye Services and base hospital, providing quality care at affordable costs.

The program started with a service in the college chapel, followed by a CME in the hospital auditorium. The highlight of the meet was talks by the stalwarts in Ophthalmology like Dr. S.K. Chopra, Dr. Richard Daniel and Dr. Arin Chatterjee. The other invited Guest Faculty who delivered talks on the occasion were Dr. Sara Varughese, Regional Director, CBM SARO and Dr. Rahul Ali, Country Director, Orbis, with whom the Department has had a long and fruitful association.



INSIDE CMC

Dr Chepsy Philip receives IDEA 2015 award from American Cancer Society

Dr Chepsy C Philip was one of the 20 recipients from all over the world for this award in 2015. With this award, Dr Chepsy



was eligible to attend the ASCO conference at Chicago and undertake an Extended Tour Award (ETA) under the mentorship of Dr. Jeremy Abramson at the Cancer Centre of the Harvard University in Massachusetts General Hospital, Boston in May/June 2015.

Instituted by the Conquer Cancer Foundation of American Society of Clinical Oncology (ASCO), the IDEA

(International Development and Education Award) award is aimed to connect some of the brightest international oncologists around the world. It recognizes professional achievements and the potential to be a leader of oncology in the country.

Dr Philip, from the MBBS Batch of 1998 of our college, did his DM Haematology-Oncology & Bone Marrow (stem cell) training at CMC Vellore and joined the transplant team at CMC Ludhiana in September 2014.

Department of Physical Medicine and Rehabilitation



Physical Medicine and Rehabilitation (PMR) Department in Christian Medical College Ludhiana conducted an awareness program on “Disability and the PWD Act” on May 30, 2015. Dr. Shigy Francis, Assistant Professor in the Department of PMR gave a talk on the status of Disability in India and issues faced by the people with Disability. She also explained The People with Disability Act in detail to sensitize the medical faculty of the Christian Medical College Ludhiana about the benefits of Disability certificate and the various opportunities for the people with Disability.

The Dept. of PMR conducted “Disability Awareness”

programs in various schools in Ludhiana to sensitize the students and teachers about different barriers faced by the children with disability, the need for nondiscrimination in the schools and environmental modifications for people with disability in schools, public transport, cinema halls, hospitals etc.

They also conducted “Disability Awareness” program for the ESI Hospital medical faculty on the various needs of people with disability and Government initiatives for the benefit of the people with disability.

Microbiology

Under the able guidance and with support of our Director Dr. A.G. Thomas, the following New Tests have been started in the Department of Microbiology:

PCR- HBV, CMV, Salmonella, TB; CD₄ counts; Weil Felix Reaction' Chikungunya Serology; TPHA (VDRL), Scrub Typhus IgM Antibody; Galactomannan antigen detection ELISA, Carbapenamase detection; Minimum inhibitory concentration (MIC) detection on demand; Inducible Clindamycin Resistance detection; ESBL, AMPC & MBL screening; Speciation of different fungal species among others.

CTVS



It is a matter of great pride for CMC & H that the Head of our Cardio Thoracic and Vascular Surgery Dept., Dr. Harinder Singh Bedi was invited as a Special Expert and Chairperson for a 'Teach the Teachers' Cardiac Session of Radiology and Imaging India in Chennai. This is a prestigious Forum where advanced training is given to senior doctors. Dr. Bedi delivered an oration on **"When do I order a CT Angiogram: Surgeon speak"** to a 400 strong audience of Cardiologists, Radiologists, Cardio-thoracic Surgeons, and Physicians. He also Chaired a few important sessions.

ANNOUNCEMENT

We welcome our alumni if they are visiting CMC or Ludhiana City. You can contact any member of the Alumni Association or the Secretary, Alumni office at 0161-2115379 in case you require any help.

Rare Vascular Surgery by Multi-speciality Team of CMC Hospital in NRI Teenager for Median Arcuate Ligament Syndrome (MALS)

A teenager's eating habits can be frustrating for parents. Teenage girls who lose an alarming amount of weight are often diagnosed with eating disorders. But what if your child started complaining that food was causing them pain -so much so that they didn't want to eat and started losing weight? That's what happened to Miss Tanya (name changed), a 15 year old teenager, a permanent resident of Belgium.

Even the smallest of meals would cause her severe abdominal pain. Everything from heartburn to digestive disorders was considered but all tests came up negative. Family and friends even started to suspect anorexia. Her father then brought her to the Christian Medical College & Hospital Ludhiana. She was seen by Dr. K.C. Das, Associate Prof and Head, Gastroenterology. In CMC a CT abdomen picked up the real culprit -Median Arcuate Ligament syndrome or MALS. First identified in the 1960s, MALS causes excruciating abdominal pain, with the ligament tightening like a noose around the celiac artery, the main source of blood flow for digestion.

Dr. Das then consulted Dr. Harinder Singh Bedi, Head of Cardio Vascular & Thoracic Surgery who operated on her successfully. The operating team comprised the CTVS doctors- Dr. H.S. Bedi, Dr. A Joseph and Dr. Navjot, and the Paediatric surgeons - Dr. Nandini K. Bedi and Dr. Alka Grewal.

Dr. Abraham G. Thomas, Director of CMCH said that because of the excellent team work available in CMC, the best multi-disciplinary treatment can be given to all patients. So much so that even patients from abroad are now coming to CMC for treatment.



Patient Ms Tanya with the CMC team - Dr. H.S. Bedi, Dr. K.C. Das, Dr. Nandini K. Bedi and Dr. Alka Grewal just before flying back to Belgium.

Nepal Earthquake– CMC Ludhiana Disaster Response



On April 25th, 2015 a devastating earthquake measuring 8.1 on the Richter scale struck Nepal with the small town of Gorkha – roughly 140 kilometers from Kathmandu – being the epicenter. The aftermath of this natural disaster was a great loss of life, property and livelihood. The devastation was widespread across Gorkha, Kathmandu and other neighboring districts. The approximate numbers were 8000 killed and over 20,000 injured. An International call for help was sent out from Nepal and Missionary Hospitals in Nepal and in Indian towns on the Nepalese border to help with relief process and to manage the scores of patients who had been affected directly and indirectly by this event.

Under the guidance of Dr. Abraham G Thomas – Director, Christian Medical College, Ludhiana – a response and aid team was assembled on the 27th of April, 2015. The team of 4 consisted of Dr. Abhishek Samuel –Orthopedic Surgeon (Team Leader), Dr. Sajan K. Sebastian – Anesthesiologist, Dr. Ashwin Sakharia – Maxillofacial Surgeon, Dr. Ajay Alex – Resident, Orthopedics. The primary purpose of the team was to respond to the medical need following a natural disaster of this magnitude – Trauma. The Duncan Hospital of Emmanuel Hospital Association at Raxaul, on Nepal border would serve as the base for the CMC relief team.



The CMC relief team joined the other teams in management and care of the affected patients. All the medical and relief supplies brought along were handed over to the staff at the Leprosy Mission Hospital in Kathmandu. .

CMC BILGA GENERAL HOSPITAL



The UK-based Bilga Hospital Trust with its offices at Bilga, Phillaur, has transferred the Bilga General Hospital to Christian Medical College and Hospital, Ludhiana, to provide better services to people of the region. The Bilga Trust has decided to provide multi-specialty services to 40,000 people in the villages around Phillaur, Bilga and Nurmahal. An MoU in this regard was signed on 9 April, 2015 and the Bilga hospital was transferred to the CMC in the presence of the members of the trust and the CMC administration. A group of doctors, child specialists, Obstetricians, gynaecologists, ophthalmologists and surgeons have started clinics and surgeries at the hospital. Dr Vijay Obed is the coordinator of services at the hospital. Dr Abraham Thomas, Director CMC, said that we were proud to be associated with this hospital and would serve the people of the region with our expertise in healthcare.



PLAY- THE IMPORTANCE OF BEING EARNEST

The Music and Theatre Workshop of Christian Medical College added yet another feather to its cap. An Oscar Wilde comedy, The Importance of Being Earnest, was enacted by the medical students in the Lady Willingdon Hall on 23rd & 24th March 2015.



The play, under the patronage of Dr Abraham G Thomas, was directed by Dr Mariya Jacob, with Melbin Monachen as the producer and Dr Dhruv Ghosh as the faculty advisor.

The Importance of Being Earnest deals with people trying to escape their social responsibilities by hiding behind a facade of fictitious personae and the comical confusion that ensues. With their perfect comic timing, the cast which included Sajeev as John Worthing, Atulya as Gwendolen, Jurgen as Algernon and Anisha as Cecily, had the audience roaring with laughter.



OBITUARIES

May these great souls rest in peace.



Dr. Millicent Wilson
(LSMF- Batch of 1952)
(05.07.1931 - 07.05.2015)

Dr. Millicent Xavier nee Wilson was from the last LSMF Batch of 1952. She did her MBBS from Jaipur and worked in Mission Hospitals in Rajasthan after her training and also in Kashmir for many years. She had settled down in Uttarakhand. She is survived by her son, also a CMC graduate of the batch of 1990

and one daughter. Her last days were spent in her alma mater. Her funeral there was held in the Hospital Chapel at CMC.



Dr. Anupam Sood
(Batch of 1973)

Dr. Anupam Sood passed away in an accident near Jalandhar on April 22, 2015. She was working as S.M.O. ESI Dispensary in Jalandhar.



Dr. M.L. Chugh
(01.10.1918 - 07.05.2015)

Dr. Chugh joined CMC Ludhiana as Prof. & Head of Community Medicine in 1976 after retirement from Govt. Medical College, Amritsar where he was Dean and Prof. & Head of Community Medicine. He remained in CMC from 1976-1988.

Dr. Harish Batra
(Batch of 1953)
(21.12.1936 – 21.05.2015)

Dr. Harish Batra passed away on 21st May, 2015. He was from the Pioneer MBBS Batch of 1953 and my class mate. He had retired after working for many years as Consultant Orthopaedic Surgeon in Manor Hospital, Walsall, West Midlands, U.K.

(Contributed by: Dr. Ramesh C. Joshi -Batch of 1953)

Dr. Preetinder Kaur
(Batch of 1959)
(10.12.1940 - 26.03.2015)

Dr. Preetinder Kaur passed away on the 26th of March 2015 from complications following Cholangiocarcinoma of the liver. She was an elegant, vivacious lady who was doing private practice in Ludhiana along with her husband from the same batch Dr. Darshan Singh.



Dr. Alfred Charles Woodward Jr
(21.5.56- 07.5.2015)

Dr. Alfred Charles Woodward Jr completed his MS Surgery training at CMC, Ludhiana in 1986 and then did his MCh in CTVS from CMC Vellore. He served CMC, Ludhiana for 8 years before moving to the Assemblies of God Hospital at Kolkata. He also served at the

CMRI, Ramakrishna Hospital, RG Kar Hospital and Belleview Clinic at Kolkata.

Dr. Alfred became close to Mother Teresa at Kolkata and accompanied her on many of her journeys to visit homes of the destitute in Kolkata. He also served as the Mother's personal physician till her death. Despite challenges facing him in his personal health, Dr. Alfred set up a diagnostic and management facility for free treatment

He is survived by his wife-Mrs. Mavis, daughter-Mary Woodward who is a paediatrician in Toronto, Canada and his son, Kevin, an officer in the Merchant Navy.

(Contributed by: Dr Kim Mammen)

Dr. Rajinder Kumar
(Batch of 1988)

Dr. Rajinder Kumar passed away in January 2015. He came from Pathankot and after MBBS did his MD Radiodiagnosis from CMC. An avid cricket lover and solid middle order batsman, he was known for his square cuts. He captained the CMC Cricket team to the Lobo Memorial Cup, the only time it was won by Medical Students. He will be dearly missed by his batch mates.

(Contributed by: Dr. Rajneet Singh-Batch of 1988)

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