

# Alumni Xpress



The Newsletter of the

### Association of Medical Alumni

Christian Medical College & Hospital Ludhiana (Punjab) INDIA

#### **VOLUME XI No. 1**

**MARCH 2016** 

#### **EDITORIAL**



Greetings from the Alumni Association!

As winter sneaks away and spring announces its arrival with tweets, one wonders if it is the birds or those 140 characters. Signs of the times! We are pleased to release the first issue of the

Alumni Xpress for 2016. We look forward to the reunion of the batches of 1966 and 1985 this year. I hope that you enjoy the walk down memory lane with Dr. Baljinder Kaur (Batch of 1966) who spent many years of her life in CMC.

The Batch of 1985 was my council batch and was responsible for initiating our batch into the CMC fold. I remember this batch as one of the most vibrant and colourful batches that have entered the portals of CMC. Studded with great academic, literary, dramatic and sports personalities, they had great team spirit as a batch! We expect a big turnout and a delightful time hosting them.

In addition to the various happenings in CMC over the past few months we also have a nostalgic gem from Dr. Annamma Geevarghese (Last Batch of LSMF: 1952-58) as she recollects the feats of Dr Scovel, the first professor of medicine in CMC.

March is going to be an exciting month full of activities: The Convocation, Founder's day and the much awaited musical 'The Lion King' from the Music and Theatre workshop. We invite all of you to attend and enjoy all the festivities.

#### PRESIDENT'S MESSAGE



Greetings from the Alumni Association, CMC Ludhiana & All the other parts of world!

Its my great pleasure to present you another edition of Alumni Xpress.

Our institute is progressing day by day under the guidance of Dr. A.G. Thomas. He is the candle of our institute. Under the light of this candle we all alumni of this institute are growing fast.

This institute is a premier institute in the world and it has given different flowers to the world, who are spreading their fragrance all over the world. Being president of the Alumni Association, I had the privilege to attend the meeting of NAACMC in Cleveland. There I met many graduates of CMC from all over the world. They shared their experience of life in different fields. They thanked their alma mater for their position in the world today. It was great to hear about CMC!

This time we are holding the reunion of the Batches of 1966 and 1985 on Founder's Day, 24th March, 2016. I welcome all the delegates. We will highlight the developments taking place in all the departments. Any suggestions regarding the Alumni Xpress are welcome.

Happy reading!

**Dr. Subhash Singla**President

**Dr. Inderpreet Sohi** Vice-President

#### **DOWN MEMORY LANE**

#### Dr. Raghu Chathley

It was a residential college. After the first week of 'enjoyable' ragging, we all were 'Rossians'. The Boy's Hostel in CMC was Ross Hostel, named after the famed Sir Ronald Ross. The freshers stayed in 'stables'-9 rooms with partitions. By third year, the new blocks were ready and we had our own rooms with balconies, where you spend about 5 years together and with only 50 students per class, everyone gets to know everybody. Some close friendships form, that last a lifetime.



The college building though old, had character and old world charm, and was not a concrete 'jungle'. The staff was cosmopolitan as were students from all over India and some from Sri Lanka, Malaysia & East Africa. Social activities/ sports went along with studies. There was a tradition of 'Friday Group', students from all years and junior staff, headed by a Senior Teacher; kind of a 'family', we met every Friday for prayer, gossip, musical nights & some time went on picnics etc. Memorable days!



The circle became complete when my son Anuj joined CMC in 1998 and is now a general practitioner in England.

**Dr. Raghu Raj Chathley** Batch of 1966 drrrchathley@yahoo.com

#### Dr. Baljinder Kaur

Sometimes a short walk down the memory lane is all it takes to appreciate where you are today. We never understand the value of the moment till it becomes a memory. When I was young how I wished to grow up. Now, after retirement, I wish to go back to my younger days and that is life!



Ours was the Batch of 1966. In those days Christian Medical College, Ludhiana was one of the most prestigious colleges of India. It was not such a busy city at that time and Brown Road had very little traffic, mostly consisting of bicycles, rikshaws and a few tongas and cars. When I first saw the college, I was very impressed with the old buildings built with red bricks and it looked historical. At that time I had come to submit my application form because I was a local student. I remember Ms. F. Barton, the registrar, who was a very pleasant and helpful lady. During those days, most of the senior teaching faculty were missionaries from overseas, US, UK, Ireland, New Zealand and Germany etc.



I vividly remember the day when I came for the interview. We were all waiting in the college canteen for our turn. Finally I was called. The interview was conducted by the team of senior doctors, which included Dr. Constable, the Principal, Dr. Cowan, Dr. LN Rao and many others. I was asked many questions, all of those I managed to answer except the last one. Dr. Constable came to my rescue and suddenly asked; "Do you know Shammi Kapoor?" I was surprised but I replied I knew him. Then they let me go soon after. When the results were declared I was thrilled to see my name on the list of selected candidates. I deposited the fee and it was a dream comes true! Once we joined the college, ragging started. All the boys had their heads shaved off and their scalps were oiled. I suppose that was done so that they could be identified from a distance. We were supposed to elect one boy as class representative (CR) and a girl as assistant class representative (ACR). Our seniors made us believe that it was a big deal and that we were supposed to have proper elections. So they tricked us into doing things like, putting up banners in the college campus, make speeches in front of a gathering of college students after college time, approaching senior faculty for votes and finally running a hundred meter race. Looking back it was foolish of us to believe our seniors, but it was great fun.

Soon the classes started in the dissection hall and I saw a dead body for the first time in my life. That night I did not sleep at all. The smell of formaldehyde was very strong but soon we got used to it. Dr. J. C. Saha was a very strict disciplinarian and he did not allow anyone with loose hair, slippers or rings in the fingers. After we cleared our first professional examination and entered the clinical side, he became very friendly with us. Other teachers whom I remember were Dr. Mukherjee and Dr. Bhattacharjee and Miss Fairbairn. They taught us Physiology. They were very helpful and friendly with us. Dr. Mukherjee was a sports enthusiast

We were privileged to be taught by amazing teachers such as Dr Crawford (Pathology), Dr Bruce Clark (Pharmacology). Dr. L. N. Rao taught microbiology to us. Daily one of the boys from our class presented her with a rose flower, which kept her in good mood. Dr. Rao was also the Dean of students and she used to direct College plays which took place every year in the Assembly Hall on the Founder's Day. We looked forward to these events eagerly. She was also very fond of gardening and we could see beautiful sweet peas flowers in her garden area every year.

Our teachers were not only our mentors but our confidantes as well. Socially we got together regularly in college which was fun such as class picnics, which were a lot of fun. We also had Friday groups: 4 to 5 students from each class were attached to a senior doctor. I was in Dr Constable's Friday group. Once a month we were invited to their home. Mrs. Constable was a great cook she used to bake lots of cakes and other things to eat. We had good games, Jokes and singing sessions in those meetings. They were our foster parents on the campus.



Living in the hostel was compulsory even for people like me, who belonged to Ludhiana.



All major festivals were celebrated in the college campus with great enthusiasm by every one. These included Lohri, Diwali, Christmas and Guru Nanak Birthday. After first professional exam when we moved to clinical side, we were given orientation classes by Dr. Betty Cowan who had a great sense of humor. Other great teachers in Medicine department who taught us were Dr. Mary Mathew, Dr. V. K. Satija and Dr. K. L. Dhar.

After doing one house job in medicine I moved to Delhi for my Diploma in Anesthesiology in Maulana Azad Medical College. After that I was called back by Dr Prior to join the department of Anesthesiology in CMC. Those two and a half years is the only time of my career that I did not spend in CMC. Dr. Prior was my boss and our department was like a family. I continued to work with him for a total of eight years. Most of this time I was his second-in-command. We had a lot of parties, picnics, and even used to go to see a circus together. Mrs. Prior used to give a hand knitted sweater to every child born to any one of the staff members of Anaesthesia department.

After Dr. Prior's departure from CMC, I took over from him as acting head because I was too young to become a Professor and Head. Later I continued to head the department as professor for seventeen years. During this time I had the opportunity to work with great surgeons like Dr. Eggleston, Dr. C. M. Singh, Dr. Lobo, Dr. Bindra, Dr. Feierabend, Dr. Howie, Dr. Barbo, Dr. Murrell, Dr. Aruna Dhar, Dr. Deodhar and Dr. Mohan Verghese. They were not only great surgeons but also my teachers. I remember, Dr Eggleston used to call me "Maharani" with folded hands. All of them were usually very friendly and respected my opinion. Once in a while, we had an argument concerning patients' condition but we were back to normal during coffee breaks. One thing I must mention about Dr. Egglesston. Whenever he was called at night for an emergency, he was there in 5 minutes. No questions asked. One often saw Dr. Howie with sandwich in her hand riding a bike at top speed to old hospital. They

were all very disciplined, dedicated and full of empathy, which made them excel in their fields. There are two more surgeons whose names I have not mentioned in the above list. One of them I married (Dr Sirish Chandra) and the other one is the Director of CMC at present (Dr. A. G. Thomas).

I retired in 2007. During this journey I have lost a few of my classmates. V O W Farrell, Ramesh Martin Chauhan, Promilla Sharma, Margret Sharma, Sushma Nayyar, Isa Dass, Ranjit Singh Dhaliwal and Vijay Sekhri. May God rest their soul in peace! I will always remember them and cherish their memory.

Memories are timeless treasure of heart. Today passes as yesterday, tomorrow shall become today and that too shall pass. I love these random memories, which make me smile when I am feeling low.

Looking forward to meeting all my classmates on the 50<sup>th</sup> anniversary of our arrival in CMC, which I am sure is going to be quite nostalgic.

**Dr. Baljinder Kaur** MD, DA Batch of 1966

#### Dr. Annamma Geevarghese

As one of the few surviving members of the pre-graduate eras of CMC, I thought I will share some thoughts with the present generation - it is about Dr. Scovel, the first Professor of Medicine. I was in CMC from 1952-58 in the last batch of LSMF and later in 1968-69 for PG in Ob-Gyn department. I had the privilege of working under Dr. Scovel, during house surgeoncy in Medicine. He would reach the wards even before his house surgeons. I remember him coming to the porch of the Women's Hostel and calling out to Sheila Varma, who was still not ready. He had his own ECG machine – a portable one. He used to wheel it around in the wards on a trolley, take the ECG himself, develop, read, interpret and carry out the treatment as needed. Only he knew how to operate it and interpret the results. That was 60 years ago!

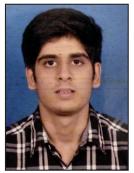
Mrs. Scovel was the one who organized the library. She would get bricks, cover them with beautiful printed old clothes and use them as blocks to support the rows of books to make them stay in place. She used to lead Chapel prayers in the mornings. I still remember her once speaking on Isaiah 55:10-12. She used to tell me about their life in China & their last days there before release from captivity. There were huge banyan trees near the prison and their leaves were flapping in the wind when they were leaving—that is, the trees clapping! V. 12.

I can still hear their distinctive voice – what a wonderful period that was! Such devoted people, whose primary concern was others.

Some time back, my sister Molly Joshi, who was the dietician in CMC had gone to USA & met Dr. Scovel. He approached and looked at her intently. Dr. Mary Mathews who was also there, said to Papa - it is not Simon, but her sister. They used to call me Simon. One era has ended. But how those men and women of God influenced our lives! I thank God for their lives and the examples they set. I am what I am today, because of the devoted missionaries who touched my life during my training in CMC, Ludhiana.

**Dr. Annamma Geevarghese** Last Batch of LSMF (1952-58)

#### My Life in Ross



Wikipedia's definition of Home-*a* place of residence or refuge.

Seeing home being characterized in such a bland manner set me contemplating on what home was after all - was it your place of origin? The address you jot down mechanically onto an official document? Or the refuges where clocks and calendars insist you've

spent the greater part of your life? Deliberation led my mind and heart to agree upon designating it as that place to which you feel that all - too - familiar sense of belonging. Leaving it akin to leaving a part of you behind.

I was frozen in the initial euphoria of admiration, immense joy and the hoopla surrounding the selection in the CMC entrance examinations. Everyone congratulated and praised me as if I had been resurrected!

Within no time I landed up in CMC, as an alien to this new world with extra zeal and determination. Our hostel-Ross had a different vibe altogether, seniors walking around wearing lab coats with enormous books in their hands, loud deafening music of all types from Metal to Honey Singh to Lataji, being blasted from various rooms..., while we the first years looked around perplexedly at all the commotion around us. We newcomers looked like BOYS while the other Rossians (okay, maybe not entire) looked like MEN. I quickly realized that College is more than just an institution for learning; it is a gateway, a portal through which one makes the transition from adolescence into adulthood.

The mornings began with blaring alarms which woke up the entire lobby apart from the person who would set it up. The long and extensive lectures that went on from 8-5, followed by lawn meetings and fresher's night practices.



Before we knew it the first professional examinations were around the corner. It led to a long period of all-nighters, 3 am Maggies and without the watchful gaze of an anti-doping committee in place, caffeine was ingested in alarming quantities.

The initial so called 'honey moon period' ended quickly and we entered the 'walking on egg shell phase' moving through the other professional exams, while loving our Home away from Home-Ross hostel and the comfort that it provided.

During this 4 and a half year period of MBBS, the Ross hostel has played a substantial role in molding and shaping us into considerate, fine young gentlemen. The Batch of 2011 saw a few transitions compared to the usual customs and traditions. Apart from being the first batch of 75, we saw the fusion of Ross and Snow to 'Snoss day'! Also Ross upgraded to a swanky new look with additional rooms and renovations. The mess has been serving delicious meals for vegetarians now; otherwise I had to keep eating at my foster father's home.

Life has come a full circle since we started off. I've come to realize that furniture, pieces of art and trinkets may embellish a house but it is the strings and ropes of emotions binding you to the people within that, remodel that house into a home. I can today proudly call Ross my home.



**Dr. Rohan Kapoor** Batch of 2011

#### My Life In Snow



The year 2011 witnessed a new miracle as a bunch of wide eyed, clueless, albeit proud-to-qualify-for MBBS students (babies in our senior's eyes!) walked through the grand gates of CMC into a whole new world. Thus began our journey as the pioneer batch of CMC-the first 75.

As the countless novelties in our "Hostel" life took center-stage, we tried to familiarize ourselves with the place which would be our shelter, our home for the next 5 years—Snow Hostel.

It was all very exciting for us. We soon learnt to wish every single human being who we did not recognize as a batch mate, bobbing our heads in sync like a spring loaded Chinese doll-Good evening madam, Good morning madam... sometimes actually horrifying unsuspecting seniors.

Most of our time was actually spent in each other's room chatting away for hours together (Ok, Yes girls tend to do that a lot!), laughing like maniacs and singing together (even if we did sound like a symphony of dying animals!) and cooking. Snow hostel has produced some fine cooks while others learnt basic survival (Thank you Maggi!)



Our differences actually brought us closer as dosas and pranthas all became part of our platter. Yes there were moments when our rooms were converted into wrestling rings and words and occasional punches flew around (Well, we just could not agree!). But all that actually brought us closer giving us a sense of belonging.

Come Snow Day a Snowie knows exactly how to transform from a tired looking albeit efficient safai

worker the day before, into a sparkling diva with perfectly settled and organized rooms, the next day. And every year, as we open the doors of Snow hostel to the gentlemen of Ross, they always go straight to the plates of food kept on our tables!



The coming of professional exams would signal a completely different environment. The deathly silence, the books strewn all over, messy rooms and the dining hall transformed into a library. With stress levels soaring, tolerance levels crashing, even a squeak would draw murderous stares.

It is difficult for me to express everything we experienced, the midnight birthday parties, the cats invading the dustbins, movie nights, systole practices, dancing around bonfires and the sleepless study nights!

All I can say is that I am extremely grateful to the entire Snow family and CMC for giving me the inspiration to shine and for giving me friends and memories to cherish forever.

**Dr. Anu Singh**Batch of 2011

#### **INSIDE CMC**

#### Pathology Best Poster Award in Conference

The faculty and post-graduate residents actively participated in the 'Annual North-West Chapter IAPM Conference' held at SGRD Medical College Amritsar on 26<sup>th</sup> September 2015. Dr. Kanwardeep S Kwatra presented interesting histopathology cases for discussion. The Department contributed five oral presentations and three poster presentations in this conference. The first and second poster award was bagged by post graduates of CMC, Dr. Priyanka Bansal and Dr. Ekta Chandler.

#### **Pediatrics**

The department of Pediatrics, Christian Medical College & Hospital hosted the Pediatric PG Alumni Reunion 2015 on 3 October, 2015. Almost hundred alumni attended the reunion. The Combined Annual Conference of Punjab State branches of National Neonatology Forum and Intensive Care Chapter of IAP was held on 4 October, 2015.

Dr. Chitra Prasad, Associate Professor, Genetics, Metabolism and Pediatrics, from U.S.A. visited the Institute and Pediatric department and delivered a Guest Lecture on topic, "Understanding Genetics and its role in the 21<sup>st</sup> century Medicine".





**CME on Leprosy** 

The 5<sup>th</sup> National CME on Leprosy cum Orientation Training session 2015, was held at CMC, Ludhiana, on 25<sup>th</sup> July, 2015. The theme of the CME was "Current Scenario of Leprosy in India – In Search of the ideal ways to keep up the status of elimination". The CME was attended by a large number of dignitaries and eminent dermatologists and leprologists from Punjab and other parts of India. The Director, Dr. Abraham G. Thomas, who has himself performed reconstructive surgery on leprosy patients, was the Patron and Chief Guest. The Right Reverend Younas Massey, Bishop of the Diocese of Chandigarh, gave an inspiring message. Dr. Mohan Z. Mani, organizing secretary, welcomed all the dignitaries and delegates, and gave a brief outline of the CMC

Leprosy Programme. Dr. Mani also pointed out that the first medical paper highlighting the problem of Leprosy in Punjab was published from CMC Ludhiana in the Indian Journal of Leprosy (M.Z.Mani & Mary Mathew 1981).



Others who spoke at the Inaugural function were Dr. Swapan Samanta, President of the IAL & Dr. Bhushan Kumar, former Professor & Head of Dermatology, PGI, Chandigarh.

During the CME, the following eminent people were felicitated for their work among the leprosy patients in Punjab:

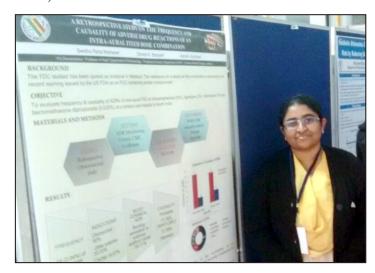
- 1. Dr. Vinod Kumar Sood, Former Professor & Head of Dermatology, DMC, Ludhiana
- 2. Dr. Sunil Gupta, present Professor & Head of Dermatology in DMC, Ludhiana
- 3. Dr. Emy Abi Thomas, Professor of Dermatology in CMC, Ludhiana
- 4. Dr. Sangita Singh, the District Leprosy officer of Ludhiana
- 5. Mr. Ram Samajh Pandey, who has been the headman (pradhan) of the Ludhiana Leprosy Colony (Kusht Ashram) for about 35 years. He has now handed over charge to Mr. Rama Shankar, since one month.
- 6. Dr Mohan Z Mani, Professor and Head of Dermatology, CMC Ludhiana, for organizing the CME and for his contribution to Leprosy work and for teaching and training the medical fraternity on Leprosy.

During the CME, Dr. Mani expressed his appreciation to Dr. Bimal Kanish, Associate Professor of Dermatology, for his help in the arrangements.

#### Pharmacology Best Poster Award in National conference

Dr. Swetha Reba Mathews, PG Demonstrator, 2<sup>nd</sup> year, Pharmacology presented her poster in the 4th International and 7th National Conference of Indian Society for Rational Pharmacotherapeutics (ISRPTCON

2015) at Postgraduate Institute of Medical Education and Research, Chandigarh, held from 4th to 6th December, 2015. Her poster entitled "A Retrospective Study on the Frequency and Causality of Adverse Drug Reactions of an Intra-aural Fixed Dose Combination (Authors: Swetha Reba Mathews, Dinesh K. Badyal, Ashish Varghese)" was awarded "Pondicherry Prize" (First Prize).



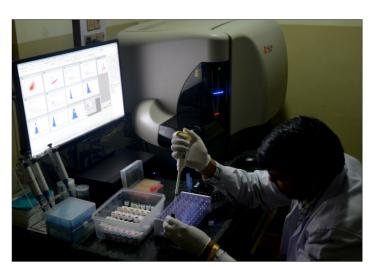
Dr Dinesh Badyal Awarded The Rajiv Gandhi Gold Medal Award

Dr. Dinesh Badyal, Professor & Head, Department of Pharmacology, Christian Medical College, Ludhiana was awarded the prestigious "Rajiv Gandhi Gold Medal Award" by Global Economic Progress & Research Association (GEPRA). The award is annually presented to extraordinary persons who have contributed and specialized in various fields like health, education, research, industry and social work. The Award has been conferred for his outstanding achievements and distinguished contribution in the field of Medical Education and Research. The award was presented to him in the "National Unity Conference" in Bangalore on 20<sup>th</sup> August 2015 on the occasion of the 71<sup>st</sup> birth anniversary of Late Prime Minister of India, Honorable Shri Rajiv Gandhi. The award ceremony was attended by Cabinet Ministers, various State Ministers, Governors, Judges, Members of Parliament and National Leaders.



#### Department Of Clinical Haematology, Haematooncology And Bone Marrow (stem Cell) Transplantation

The Special Tests laboratory under the Department of Clinical Haematology, Haemato-oncology and Bone marrow (Stem cell) Transplantation has recently acquired a flow cytometer (Navios, Beckman Coulter) which is an eight color, ten parameter instrument. This will enable in house immunophenotyic diagnosis and categorization of various leukemias and lymphomas. Stem cell enumeration to support the bone marrow transplant program patients can also be done. Additional tests like HLA-B27 and work up for paroxysmal nocturnal hemoglobinuria (PNH) will also be available in the coming months. The research applications will also be explored.



#### Thank you!

Dr. Philip Kuriakose (Batch of 1984) Medical Director Adult Hemophilia treatment center, Henry Ford Hospital, Detroit, U.S.A. along with his colleagues, donated three International Journals on Infectious Diseases (12 Volumes altogether) to the Central Library, CMC Ludhiana.

Dr Indira Brar (Batch of 1982) also contributed towards the same.

We are thankful for this contribution!

Dr. Sangeetha Mohan

Dept. of Microbiology

**Dr. Jugesh Chhatwal & Dr. Aroma Oberoi** Library Committee Members

#### **Ophthalmology-Eye Bank**

The Department of Ophthalmology is very grateful to Dr. Abraham G. Thomas, our Director, for motivating his Batchmate Dr. G.S. Bhullar for helping in establishing the Eye Bank. Through the Eye Bank and Corneal transplantations (keratoplasty), the department will contribute towards reducing corneal blindness. Dr. G.S Bhullar is an alumnus of CMC. He is from the MBBS Batch of 1968. He has been working in USA and is an orthopaeditian. He has also been helping our department in serving the poor patients for the last 3 years. He has been organizing free eye camps in which free cataract surgeries have been performed. The department of Ophthalmology acknowledges his services towards the underprivileged section of the society.





#### **ANNOUNCEMENT**

We would be honoured to help our alumni who visit the Hospital for any reason. You can contact any member of the alumni committee or you can contact the Secretary, Alumni Office at 0161-2115379 in case you require any help.

#### **PMR**

Dr. Santhosh Mathangi, Associate Professor,
Dept of PMR, CMC Ludhiana was honoured by the
Indian Medical Association -Ludhiana Chapter.
He spoke about disability awareness and rehabilitation
services available in CMC Ludhiana.



Dr. Santhosh Mathangi represented CMC Ludhiana for the EBMI Annual Partners Meet at Gotlam, Andhra Pradesh.



# Announcement Reunion of the Batches of 1966 and 1985 On Thursday, 24<sup>th</sup> March, 2016

The Founder's Day celebrations will be held on Thursday, 24<sup>th</sup> March, 2016 at CMC Ludhiana. The batches of 1966 & 1985 will celebrate their 50 & 25 years reunions respectively. We invite the alumni of both these batches to confirm their participation and to share contact information with us regarding their batch mates. We would like you to make the most of this opportunity to visit your Alma Mater and meet up with old friends. Please send us an email if you have not received our official reunion invitation via email.

Contact us at: cmcl\_alumni@yahoo.com

## Reunion of the Batch of 1984 held in USA (June 25-27, 2015)





Rev. Max Marble visited the Alumni Office on 12.09.2015



#### **CHRISTMAS**



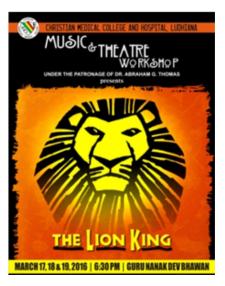








#### **MUSICAL: The Lion King**



The Music & Theatre Workshop of Christian Medical College & Hospital, Ludhiana under the Patronage of our Director, Dr. Abraham G. Thomas, organzed a Musical - 'The Lion King' this year on March 17th, 18th and 19th at Guru Nanak Dev Bhawan.

The programme was organized to raise funds for the palliative care of cancer patients being treated at CMC & Hospital, Ludhiana.









#### BATCH OF 1960 HELD A REUNION ON DECEMBER 1, 2015 AT THE FACULTY CLUB, CMC, LUDHIANA



**REPUBLIC DAY** 





**OBITUARIES**May these great souls rest in peace.



**Dr. Molly M. Paul** (Batch of 1964) (29.04.1945-05.01.2016)

Dr. (Mrs) Molly M. Paul was born on April 29, 1945 in Kumbanad, Kerala to Late Joseph P. Thomas, Puthanapallil house. It

was in God's perfect will to call her peacefully into His presence on January 5<sup>th</sup>, 2016.

By God's divine plan, she stepped into holy matrimony with Madan Paul, Evangelist, on April 19, 1977. God blessed them with three beautiful daughters, Priya, Preethi and Pearl. She was a woman of God with a gentle spirit and great strength. A spiritual warrior who was always smiling as she walked through this earthy journey. She was a devoted wife and nurturing mother.

She has run the race set before her, given hope to countless, witnessed of her savior and truly burned brightly. She will be greatly missed. As the Late Dr. Betty Cowan once said, "For a believer, death is not the end of the road, it is just a bend in the road." We hold onto God's promise that we will meet her again in heaven along with the Lord Jesus Christ. She is survived by her beloved husband, Evg. Madan Paul, children, Dr. Priya, Dr. Pearl, Dr. Preethi and Dr. Vineeth Jaison.



**Dr. Mira Thomas** (Batch of 1986) (08.03.1969 -17.07.2015)

Dr Mira Thomas (Batch of 1986) passed away on the 17th of July, 2015 in Scotland after battling with Cancer. Dr Mira after completing her DNB in Surgery, went on to

complete her MRCS and MRCPsych and was working as a consultant Psychiatrist with the NHS in Edinburgh. She was a vivacious, elegant, cheerful and dynamic personality and will be sorely missed by her class mates and friends. She has left behind a great void which can never be filled.

**Dr. Ashok Dhanwani** (Batch of 1969)

(12.12.1951 - 12.09.1915)

Ashok was a quintessential CMCite who lived life to the fullest. He was what all CMCites want to be; and achieved it all. He epitomized the spirit and "Joie de vivre" of CMC. He never bore any rancor towards anyone and was an optimist and did not have a mean bone in his body. In his life, he helped a lot of people and his patients miss him sorely at Daman where he practiced for 30 odd years. His patients will vouch for his numerous acts of kindness, generosity and caring. He is survived by his mother, sister, brother and all of us who were his extended family. He will remain in our thoughts and hearts forever.

**Contributed by:** Drs Sukhninder and Deepak Arora in conversation with Rahul and Nirupama Laroia.



**Dr. Nutan Sehgal** (Batch of 1975) (28.03.1957 – 16.10.2015)

Dr. Nutan Gill (Sehgal) passed away on Oct. 16, 2015 in Cleveland, Ohio. She was

from the batch of 1975. Our heartfelt condolences to Dr. Inderjit Singh Gill (Batch of 1975) and bereaved family. May God grant strength and courage to her loved ones to withstand this loss.

Contributed by: Dr. Arun Adlakha



**Dr. Deepti Sadiq** (Batch of 1982) (02.04.1965-21.10.2015)

With deep grief and sorrow, this is to inform about the sudden demise of our Alumnus Dr. Deepti Sadiq nee Bhatti (1982 Batch) wife of Dr. Sunil Sadiq (1984 Batch),

Director, Mission Hospital, Ambala.

May God provide the fortitude and strength to Dr Sadiq and his family to bear the loss.



**Dr. V.K. Henry** (29.06.1933 – 21.12.2015)

Virendra Kumar Henry, was born on the 29th June 1933 to Mr Albert Henry and Mrs Elwina Henry. He grew up in what is now rural Chattisgarh, in the village of Baitalpur. Dr Henry was a dynamic leader, a

generous soul, a friend to everybody, a phenomenal surgeon, a unique team captain and a good human being. He is survived by his wife Mrs Nancy Henry, son Dr Anil Henry (Director, Christian Hospital, Mungeli, Chattisgarh), Dr Teresa Henry and three grand-children – Ankita, Abhishek and Abhijeet; and his daughter, Anjali and her husband, John, who live in the USA. He served as Chairman of the Governing Board and CMCL Society for many years and he was loved by all the faculty, staff and students.

Contributed by: Dr Kim Mammen



**Dr. Joseph Mathai M.** (Batch of 1959) (12.06.1940 - 13-01.2016)

Dr. Joseph Mathai M. passed away on January 13, 2016 in Ernakulam, Kerala. He did his MBBS (1959 batch) and MD Paediatrics from CMC Ludhiana. He had

worked in CMC till the early 70s. He was posted in Lalton Kalan too. He married Mini. They moved back to Kerala and he has worked as a Paediatrician in Thiruvalla Mission hospital, City hospital, Susrusha Hospital, Kunjali's Hospital & Sudeendhra Hospital, Ernakulam. Later he continued working in his own "Neeraj Clinic" named after his late son Dr Neeraj. He is survived by wife Mini, son Nimid and family.

A kind doctor, a gentleman, a good father, husband, brother and friend - we love you ......RIP

Contributed by: Dr. Sangeetha Mohan (Niece)



**Dr. George Ani Mathew** (Batch of 1992) (11.05.1970 - 28.02.2016)

Dr. George Ani Mathew (Ani) passed away on 28<sup>th</sup> February, 2016 in a road traffic accident while cycling which was his

favourite sport. Ani was a quiet and gentle spirit, and always very helpful. He touched lives of many as a friend and was a caring and concerned surgeon. He was working at CMC Vellore as an ENT Surgeon and used to visit Mission Hospitals often to do surgeries. He is survived by wife Annie and daughters, Elsa and Sarah. His brother Dr Jacob Mathew is also our alumnus.

We, his batchmates with deep sorrow pray that our Lord will strengthen the family at this time.

Contributed by: Batch of 1992

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