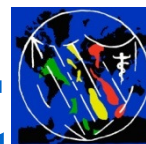


Alumni Xpress

The Newsletter of the
Association of Medical Alumni
Christian Medical College & Hospital
Ludhiana (Punjab) INDIA



CMC Connect



August 2018

Volume XIV, Number 2

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InFOCUS Dr. FC Eggleston – “BOSS”.

EXTRAMURAL Overseas Alumni News

N. S. Samra '92

Deepak Samson '92

LETTERS

From the Editor-in-Chief

Greetings! We are happy to give you the second edition of the CMC Alumni Xpress Connect an online monthly supplement to the print edition of the Alumni Xpress. With this monthly online supplement of the CMC Alumni Xpress Connect, we hope to be the bridge between the mothership and the CMC diaspora.

Reaching out to over 4500 alumni scattered on all continents and in numerous countires with technology is challenge we hope to bridge with your help. We had a good response to our first edition and hope to build on this. We had our fair share of bounced emails, many from ISPs e.g indiatimes etc which have stopped email services .I would like to request that you check with batchmates and friends to see if they have received the newsletter and to please update their contact details with us.

This supplement has a section on LETTERS, A section on what has happened in CMC over the past months (CMC news -online), FACULTY Spotlight & Alumnus in FOCUS, Dr FC Eggleston, Extra Mural and Overseas Alumni– Navdeep Singh Samra. We hope to have a section for “From the Archives.”

We would love to hear your views on how to better engage the alumni, please drop us a line at- cmclldhalumni@gmail.com

Clarence J. Samuel '93

The Principals Letter

Dear Friends and Co- Alumnus

I am humbled and greatly honored to take up the Principal's post at Christian Medical College, Ludhiana. I am thankful to God for providing me this opportunity. I also express my gratitude to the Governing body for appointing me to carry on the great legacy of Dr Brown, and all my predecessors.

I am a postgraduate alumnus of CMC Ludhiana. After completing my MBBS at Tirunelveli Medical College in Tamil Nadu I joined CMC Ludhiana in the year 1991 as a House Officer in the department of Medicine, and later completed my MD (Medicine) in the year 1994. I worked as a faculty in the department of Medicine and then was later deputed to division of Neurology. I completed my DM Neurology at Sree Chitra Tirunal Institute



Contact Us

Association of
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for Medical Sciences and Technology, Trivandrum in the year 1999. I joined the department of Neurology at CMC Ludhiana in the year 2000 as an Assistant Professor. From 2004 till 2007, I did my stroke and Neurology fellowship (Fellow of Royal Australian College of Physicians FRACP-Neurology) from Royal Brisbane and Women's Hospital, Brisbane, Australia. Over the last 11 years there has been a tremendous growth of Neurology department in the clinical services and in research. The comprehensive stroke program is well known nationally and internationally. The department has received several research grants from National and International agencies. I took over as the Head of Neurology in the year 2012 and completed 3 years as a Deputy Director of Research and Development from 2015.

I completed two terms of 6 years as a Board of Director in World Stroke Organization (WSO). I chaired an International Working Group of World Stroke Campaign in WSO and I am continuing as a member of important committees of WSO. I also hosted the Xth World Stroke Congress in Hyderabad from October 26th to 29th, 2016.

My wife Pamela is a Professor and Head of Radiation Oncology at CMC Ludhiana. We have two sons. Andrew will be completing Masters in Engineering in few months' time and Danny our younger son is doing BA Honors in Political Science and International relations.

My roadmap for CMC is to revisit the quality of training for UG, PG and superspeciality courses and implement innovative ways in medical education. Overall, I would like to see CMC Ludhiana in the top 10 medical schools of the country. Over the next 3-5 years I envision a minimum of one research grant for each department. The medical student's council and the Asian Medical students association (CMC Branch) are planning to organize a Junior World Congress for medical students from April 5th to 9th at CMC Ludhiana next year. This Congress would be part of our quasiquicentennial celebration. Another important objective is to improve the classroom, hostel and library infrastructure of the college. We have created a student support center with a 24x7 helpline for any help in counselling related to academic and personal issues.

Over the last few months since April 2018 we completed the PG admission, and the UG admissions are underway. There have been significant changes after the introduction of National Eligibility Entrance Test (NEET) for UG, PG and superspeciality courses in the country. We had a turbulent period in the admissions due to lack of understanding of CMC Ludhiana's rights as minority institution. However, the State Government has been very considerate to our cause and has allowed us to keep our seat distribution. We are hopeful that these issues would settle so that admission process for all the courses would be smooth.

I invite our national and international alumni to join hands with us to take this institution to greater heights. I conclude from Isaiah 43:18-19 *"Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland."*

With sincere regards,

Dr Jeyaraj D. Pandian
Principal

From the Alumni President

Dear Friends,

It's really a great feeling to share so many good things happening in CMC which we wouldn't have realized until we saw them printed in the newsletter. I must congratulate the editorial board who are doing an excellent job in terms of acquiring and organizing articles to be published every month. Contrary to my expectations we are loaded already with enough material ready to be covered up in the subsequent months. Thank you for your continued support and prayers. Happy Reading!

-Dr Ajay Kumar '95

President

SEPT Issue----- ahead of print-----

Ross Hostel Renovation by Ross Alumnus

Interview with Dr Tejinder Singh- A doyen in Medical Education

CMC NEWS-ONLINE

NEW SARAI-DONATED BY BATCH OF '68

To commemorate their 50th year association with CMC, Ludhiana, the MBBS Batch of 1968 thought of a unique idea: the Sarai building. The construction began last year and the entire project was funded by the MBBS batch of 1968 which would be visiting their alma mater on 24th March 2018 to celebrate their 50th reunion.

The old building with a few rooms that was being used as Patients relatives quarters and stores near the Eye Department were totally renovated, each with an attached wash room and pantry. The rooms were also fully furnished. The Batch was very particular that the rent should be very reasonable.

The Sarai building comprising of 10 rooms with an office was dedicated on 23rd March, 2018 by the MBBS Batch of 1968.

-Dr Nitin Batra



50TH ANNIVERSARY OF ANESTHESIA COURSE REUNION 2018

The department of Anaesthesiology celebrated 55th year of reunion on 25th March, 2018. The programme started in the morning with lighting of the lamp by our Ex Director Dr. Abraham G. Thomas '68. He was joined by Dr. William Bhatti '84, our present Director and other senior alumni who had come from far and wide. Rev. Alex Peter prayed for the events of the day and Dr. Melita Thangaraj '88 our, pg alumnus from batch of 1991 sang a beautiful hymn which was followed by the message by her. The department felicitated all the previous heads of the department.

At this time, we also remembered our alumni who are no more with us. We strolled down the memory lane and everyone shared their happy moments in the department, this was followed by lunch and a group photograph.



We had a cultural evening which started with traditional "ghomar dance" and thereafter everyone present were enthralled by the talent displayed by the junior and senior members of the department in the form of skit, choreography bhangra etc. The finale was the ramp walk. It was a time of sharing and remembering which came to a close with dinner. Everyone enjoyed the evening and departed with the hope of meeting again at the next reunion

- Prof. Narjeet Kaur



Fluorescence in situ hybridization (FISH) in CMC Pathology Department

Pathology Department introduces Fluorescence in situ hybridization (FISH)

A boon to cancer patients in Punjab, Jammu & Kashmir, Himachal Pradesh, and Haryana



The incidence of cancer is steadily increasing worldwide. Scientific research has led to significant advancements in molecular diagnostic pathology and targeted therapies for treating cancer. Molecular techniques like Fluorescence in situ hybridization (FISH) and polymerase chain



reaction (PCR) are now being extensively used to accurately diagnose and prognostically stratify various types of cancer. A Pathologists' role has hence become pivotal in contemporary oncology practice.



With a vision to provide state-of-the-art oncology services, the Department of Pathology, CMC, Ludhiana has taken the lead in setting up a FISH laboratory, which is the first of its kind in Punjab. The facility will include tests on haematology samples

(peripheral blood / bone marrow) as well as on tissue biopsies. Tests offered initially will

comprise of Her2/neufor breast cancer, BCR-ABL for myeloproliferative disorders and XY chimerism for engraftment in sex-mismatched bone marrow transplant patients. Later, the test panel will be expanded to include PML-RARA for acute promyelocytic leukaemia, CLL, MDS and multiple myeloma panels. Future planning also includes conventional cytogenetics and karyotyping. The requirement for in-house FISH testing was recognized early and the idea of having a FISH laboratory was floated about three years ago. A whole-hearted support was given to us by the former Director, Dr A G Thomas '63, as well as our present management under the leadership of Director, CMCL, Dr William Bhatti '84. Financial support came from Friends of Ludhiana - US board, under the chairmanship of Rev. Max Marble who made a lot of efforts to raise funds for this project. Our alumni Dr James D Cotelingam '72, Dr Sewa Singh Legha, Dr Meenakshi Singh '75, Dr Harkiran Adlakha '74, Dr Parvinder Khanuja '77 and many others, extended their valuable support and encouragement to us.

Under Dr Nalini Calton Batch of 77's leadership, Dr Kanwardeep S. Kwatra PG'98 and Dr Preethi Paul '2k have efficiently steered the project to completion. With a vision to provide the best possible care to cancer patients this small step from Pathology Department will be a big leap for CMC and would go a long way in keeping with CMC's Vision of serving the people of Punjab and North India.

- Submitted by Dr Nalini Calton '77



Avon Cycles Group Donates a C-ARM for the CMC's Hambran Center



S. Onkar Singh Pahwa, director, Avon Cycles, officially handed over a C-ARM for CMC's Mata Kaushlya Devi Pahwa Charitable Hospital at Hambran on 25th May 2018.. The need expressed by the people that orthopedic trauma cases were referred due the lack of a C-Arm at the hospital when expressed to S. Onkar Singh Pahwa by the immediate past Director of CMC

Dr A.G Thomas '68 in March resulted in this new addition.

Director Dr William Bhatti '84 hosted the dignitaries which included Dr Parvinder Pal Singh Sidhu, Civil surgeon, S. Kuldeep Singh Vaid MLA, S. Onkar Singh Pahwa, chairman Avon cycles, local councilors and the media. The new C-Arm was dedicated by Rev. R. Ambrose and inaugurated by Shri Kuldeep Singh Vaid, MLA of the Gill Assembly Constituency.



At this occasion an orthopedic camp was held, sponsored by the Rock Foundation for children with deformities. Twenty five children from various areas came for the camp and 16 were operated upon. Dr Ritesh Pandey, pediatric orthopedics, Dr Bobby John have been conducting this camp since 2016. Mr Manoj Jain and Rajeev Jain, Treasurer Mr Pankaj Jain were also present. President of the Rock

Foundation, says that the whole expense of the camp, surgeries is borne by the Rock Foundation.

Dr Santhosh Mathangi '95 Associate Professor of Physical and Medical Rehabilitation, impressed upon the dignitaries the need to improve rehabilitation services in the state.

Dr Clarence J. Samuel Prof & Head, RHOP department says that the cost of care per child per day is 760 rupees of which only Rs 250 is reimbursed by the government under the Surva Shiksha Abhiyan and the rest is borne by the hospital. Mr N. Balan, the administrator of the Hambran center says that with this new image intensifier many of the trauma cases that come to the center which used to be referred to the main hospital now can be operated here which is big boon to the people in the rural block.

CHAMPIONSHIP -2018: CMC Inspiring a Hematology team

The department of Clinical Hematology, in collaboration with Pathology and Transfusion Medicine conducted the third successful “Clinical **H**aematology **P**roficiency **O**riented **S**tudent **I**nterest **P**rogram”, or CHAMPIONSHIP 2018. This program was conceived in 2015 with the primary aim of imparting education and creating interest in the field of Hematology among MD trainees from the fields of Medicine, Pathology, Pediatrics, Radiation Oncology and Transfusion

Medicine. This CME consists of talks by experts in the field, and visits to specialized clinical and laboratory areas.

There is a huge unmet need for oncology care in our country, including both clinical and laboratory services. Clinical Hematology/Oncology combines these two diverse fields into one. It faces challenges both as an upcoming branch, and at the same time is struggling to break the mold to venture into molecular understanding of disease and targeted therapy. It is vital to engage the next generation of students and trainees to comprehend the vast spectrum and scope of Hematology/Oncology.

Major advances over the past 2 decades have necessitated concurrent development of specialties like transfusion medicine and diagnostic hematopathology, including molecular diagnostics, which have revolutionized the field. This gives an opportunity for post graduates to further sub-specialize and take up this emergent field as a career option. The options include, but are not limited to Clinical Hematology,



Laboratory Hematopathology, Molecular Diagnostics, Transfusion Medicine, molecular and clinical research. This CME is an attempt to provide a snapshot of the current worldwide scenario, with a focus on upcoming challenges and future developments.

So far, this program has been a resounding success, with many of the participants being in constant touch with us over the past few years. The 2018 edition was attended by more than a hundred PG trainees. This year, some of the participants are planning to join the department as non PG registrars to further explore this subject. The support of the international outreach initiative of the American Society of Hematology has been beneficial in arranging educational materials. In the future, we hope to conduct this program at a national level, and include more interactive material and hands on laboratory experience. Any help from the alumni in helping us

arrange hands on laboratory stations, simulation exercises and education material would be most welcome.

- Dr Suvir Singh '03

CMC is Empowering slum women in health through Computer Based Learning

CMC's RHOP Department provides health services to different slums around Ludhiana. The department has a regular outreach clinic in 2 slums. Generally the residents of these slums are rag pickers, balloon sellers, menial labourers etc. The female children in these slums go to nearby government schools but generally their education is disrupted after age 14/15 or when they complete 8th Class due to financial burden, social insecurity or marriage customs. This disruption



in studies affects their self confidence and reduce their prospects of financial stability.

Adolescent girls ≥ 14 years, married women, who have interrupted their studies who are now

housewives are not gainfully employed would be the target audience.

The objective of this programme is to allow school dropouts to develop self confidence that they can restart their education. Offer them an opportunity to further get certification in skill based vocational courses. Get employment in appropriate jobs which will empower them financially.

The online content will be made available by the Learn and Uplift foundation (LAUF) Canada. CMC would provide expertise in developing health related content. The 12 Laptops for this project were handed over to the Director of CMC Dr William Bhatti, by Rev Younus Massey Bishop Diocese of Chandigarh for Church of North India. Rev Paul Pragasam was instrumental in organizing the laptops and has extensive experience in empowerment of women by Web based learning and computer literacy. Others present were Dr Anil Luther '89, Medical superintendent, Sister Aster Masih Dy Nursing Superintendent.

The laptops were then handed over to Dr Clarence J. Samuel '93, Prof & Head RHOP after Rev

Younus Massey dedicated the project to the Glory of God.

Student's Support Centre

There is an old Saying, "There is no support as strong, as the strength one God's Child receives from the another." We are living in a time when the mental ill health is increasing day by day among the youngsters. Students of CMC, Ludhiana are also not immune to that. Hence to build up a mentally healthy and strong Student's community, Fellowship department in coordination with all the Friends of Ludhiana, US Chapter & five colleges of CMC started the Student's Support Centre. This centre is for all the students of CMC community irrespective of their courses. The ten-point aim of SSC is:



1. To nurture the emotionally and psychologically strong young adults
2. Identifying the students with issues
3. To provide a neutral space for the interaction and counselling
4. To create support groups
5. To be available 24/7 by toll free telephone lines
6. To arrange retreats
7. Awareness sessions for the students
8. Individual & Group meetings of the students
9. Equipping wardens of the different hostels
10. Train the faculty in Mentoring and with Basic Counselling Skills



inaugurated on 15th July 2018. Two desktops, one guitar, One Organ and two mobile phones are procured for the different needs of the Centre. And we are especially thankful to Rev. Max Marble & Friends of Ludhiana, US Chapter for providing us with the funds for the renovation of Mitra room & purchase of Desktops, Music Instruments, Two Mobile phone etc. We are thankful to our Director Dr. William Bhatti for making sure that the Centre be formed and start running. We are thankful to CMC principal, Dr. Jeyaraj Pandian for coming up with this novel idea of Student's Support Centre.

A Core Committee is already formed comprising Principals & Vice Principals of the 5 colleges, Members of the Psychiatry Dept and Fellowship Department. Two 24/7 Help Lines have started. Mitra room is converted into the Student's Support Centre and it is dedicated and



- **Rev. Alex Peters**

New Digital Substraction Angiography (DSA) Neuro Cath Lab

The Christian Medical College (CMC) and Hospital, Ludhiana has acquired a new Digital Substraction Angiography (Neuro Cathlab) under the Department of Neurology. The internationally known comprehensive stroke program will be able to offer state of the art advanced treatments for diseases like Stroke in the first 24 hours (for selected patients) in addition to clot-bursting drug therapies, abnormal blood vessels in the brain (aneurysms) and for treatment of abnormal narrowing of the vessels in the brain.

Dr Anirudh Kulkarni, Assistant Professor in Neurology who has done fellowship in Neurointervention stated that "Early treatment of stroke is of paramount importance as it can reduce the disability associated with stroke". Recent advances in stroke treatments have introduced newer treatments like removal of the clots that block the blood supply to brain by

using special stents called “clot retrievals”. These treatments are now available at the Neuro cathlab CMC & Hospital, Ludhiana.



Dr Mahesh Kate, Associate Professor and Acting Head of Neurology said that stroke patients must reach during the golden period of 0-4.5 hours for clot bursting injection however with the newer facility clots can be pulled out from brain arteries using stent retriever up to 24 hours.

Dr Jeyaraj D Pandian, Professor of Neurology and Principal, mentioned this treatment is indicated only in ischemic stroke (clot blocks the blood flow in brain artery).

Dr Kulkarni stated that this new technology is not available in any of the medical colleges in Northwest India. He added that clot removal treatment using stent has a better outcome as compared to many other acute treatments for stroke. Dr Vineeth Jaison, Assistant Professor of Neurology mentioned that the division of Neurointervention has created different packages for acute treatment of ischemic stroke in the new facility.

Dr William Bhatti lauded the efforts of department of Neurology in starting this Neuro cathlab which will benefit people in Northwest India.

- **Dr. Vineeth Jaison 2K**

CMC Reaches out to the people of Sanasar, Jammu through free medical Camp

CMC Hospital Super-speciality doctors' team consisting of Dr. Noel Sukjit Singh, Spine Surgeon, Dr. Ravi Teja, Neurologist, Dr. Damanpreet Singh, and Dr. Karanvir Singh, from ENT and General Surgery department saw the 550 patients of Sanasar area in J&K on July 7th.



Before leaving for the camp, the Director organized a short prayer of protection in his office. Speaking on the occasion and encouraging the team Dr. Anil Luther, Medical Superintendent said, that CMC have always been there to serve the poor and needy in the

society and to provide the best health-care in the rural areas. The camp was organized by the RHOP Department in collaboration with the Kathryn Kelly Memorial Society, Jammu.

- Dr Vineet Jaison 2K

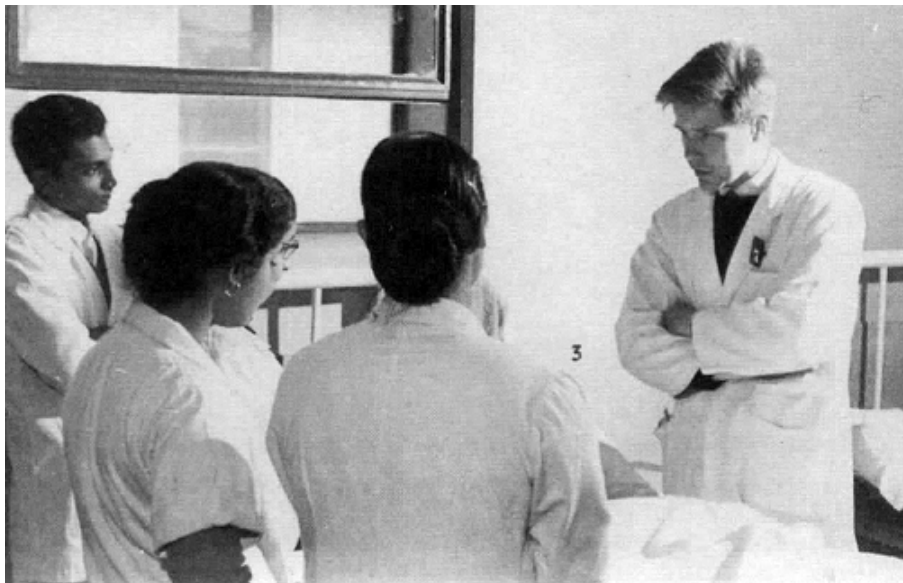
FACULTY SPOTLIGHT ALUMNUS IN FOCUS

Dr. Forrest Cary Eggleston – “Boss”

(29.09.1920 – 07.11.2016)

The name of Dr. Forrest Cary Eggleston can only be written with reverence among those 'apostles' of goodwill who travelled a long way from the 'west' to Asia and Africa carrying the concept of compassionate care to the masses.

Dr. and Mrs. Forrest Eggleston along with their two children, Carol and Robert, then 6 years and 3 years respectively, first arrived in India in December 1953 as Presbyterian Missionaries from USA.



He was a 1942 graduate of Princeton University and received his medical education from Cornell University, New York in 1945. He then went on to do his residency in Surgery from Columbia University in 1949 and further surgical resident training in Thoracic Surgery at Bellevue Hospital and Presbyterian Hospital, New York. He was also a Diplomate American Board of Surgery, Diplomate American Board of Thoracic Surgery and a fellow of American College of Surgeons. Dr. Eggleston was a US Navy WWII Veteran.

One of Dr. Eggleston's first assignment in India was to head up to TB Sanatorium at Jubar in Kasauli Hill, 180 km from Ludhiana. While there, he was requested by the Principal at Christian Medical College Ludhiana to help start the Department of Surgery at Ludhiana. He took up the challenge and joined CMC Ludhiana as Head of Surgery on 1st October 1955 and adopted a modified American Residency Program in surgery. Starting in 1962, he initiated a program aimed at the development of the various surgical specialties like cardiothoracic, urology, pediatric surgery, plastic and microvascular surgery. The now - common practice of having separate branch of surgery to deal with cancer patients was in fact his brain child and practiced by him in CMC in the 1970's. Adding another feather in his already gloriously full hat, he also served as the Director of Ludhiana Christian Medical College from 1982 to 1986.

In span of over three decades from 1954 to 1986, Dr. Eggleston taught more than 1300 medical graduates and trained more than 100 surgeons, who are spread all over the world as excellent surgeons carrying the rich legacy of their "Boss", a name everyone in CMC used to address Dr. Eggleston. As a surgeon, he constantly and strictly followed the correct principles of surgery and executed operations with a rare degree of accuracy and detail, no matter, howsoever, tedious or painstaking task. He was a great teacher and his skills and compassion won hearts of many citizens of Punjab and India. He constantly taught his pupils to keep their patients on a pedestal, at a higher level than themselves. He taught them to do to their patients

as they would like to be done to themselves. Dr. Eggleston used all these qualities to serve human-kind; men, women and children of India, tirelessly and wholeheartedly for over three decades. His training and dedication towards surgery not only nurtured excellent surgeons but also put the surgery department of CMC on the map of the world.

Dr. and Mrs. Eggleston retired in Mechanicsburg, Pennsylvania. He passed away on November 7, 2016 at the age of 96.

As a mark of love & respect, a Trust –“**Dr. F C Eggleston CMC Ludhiana Trust**”, was created on 11th June 2018 by former students and surgeons trained under Boss.

The following are the Founder Trustees of Dr. F C Eggleston CMC Trust:

President: Dr. Sarjit Singh Gill (USA) ‘53

Secretary: Dr. Navneet Kumar Chaudhry (India) PG’85

Treasurer: Mr. Piyush Kant Jain – Advocate (India)

Members:

Director CMC - Dr. William Bhatti (India) ‘84

Dr. Anil Chhabra (USA) ‘69

Dr. Elizabeth Paul (USA) ‘64

Dr. Gurdip Singh Sidhu (India) PG’79

Mr. Max Marble (USA)

Dr. P N Mahajan (India) ‘64

Dr. Sewa Singh Legha (USA) ‘65

Dr. Sirish Chandra (India) ‘67

Head of Surgery Department - Dr. Navneet Kumar Chaudhry

Secretariat: Department of Surgery,
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Ludhiana 141008, Panjab, India

Email: fcggleston.trust@gmail.com

Phone: +91 161 2115005, +91 9216030600

The aim of this Trust is Continuing Medical Education in Surgery and other fields in medicine. For this, the Trust will hold an annual educational event in the form of Dr. F C Eggleston Oration delivered by an invited distinguished luminary, along with the scientific program, at Christian Medical College Ludhiana on 23rd March 2019. The inaugural Oration will be organized by the Department of Surgery.

Donations to the Trust are welcome. Donations to the Trust may please be sent by Cheque in the name of “**Dr. F C Eggleston CMC Ludhiana Trust**”, payable at Ludhiana 141008.

Or by electronic transfer:

Account Name: “Dr. F C Eggleston CMC Ludhiana Trust”

Account Number: 152501000015924

Name of the Bank: Indian Overseas Bank
IFSC Code: IOBA0001525
Branch: CMC Ludhiana 141008

Submitted by Dr Navneet Kumar Chaudhry
Prof and Head, Dept of Surgery

EXTRA MURAL AND OVERSEAS ALUMNI

Navdeep Singh Samra 1992

Program Director of General Surgery Residency Program - LSU Health Shreveport

Navdeep Samra, MD, is Tenured Associate Professor and Program Director in Department of General Surgery at LSU Health Shreveport.

Dr. Samra was born in New Delhi, India. He joined Christian Medical College in Ludhiana, Punjab, India in 1992 and received his medical degree with Salutatorian honors.

Dr. Samra went on to complete a Junior General Surgery Residency from Government Medical College, Patiala, Punjab, India in 2001. He moved to the United States in 2004 and started a General Surgery Internship at LSU Health Shreveport in 2006 and Graduated the program in 2011. He was chosen as best teaching senior resident in 2011 by LSU Health Shreveport medical students. He then Completed a Surgical Critical Care Fellowship at Washington University In St. Louis, MO in 2012.

Dr. Samra is double board certified in General Surgery and Surgical Critical Care. Dr. Samra was inducted as a Faculty Member into Alpha Omega Alpha (AOA) Medical Honor Society in 2013, and awarded Best Teaching Faculty award in 2016 and 2017 by surgical residents at LSU Health, Shreveport. He is fellow of international college of Surgeons (FICS) and fellow of American college of Surgeons (FACS) He has 30 plus research articles and two book chapters which he has co-authored.



Hi Friends!

I have a good news to share - with the grace of God I have been appointed as Program Director of General Surgery Residency Program!

This is a key milestone in my career as a academic surgeon and I wanted to be there for our medical school graduates who are interested in pursuing Surgery training in United States !

Some one helped me and we have to carry on that tradition!

I am on LinkedIn and Research gate as part of professional portfolio. If I can be of any help / assistance please let me know!

Contact me via the alumni office.

Regards ,
Navdeep S. Samra, MD, FICS, FACS

Associate Professor of Surgery.
Trauma, Acute Care Surgery & Surgery Critical Care
Program Director- General Surgery Residency Program

CMC Vellore Honours- Drs Ashita and Deepak Singh with College Motto Award



Dr Deepak Samson Singh '92 and MS surgery'98 alumnus from here and wife Dr Ashita Waghmare '99 Internal Medicine alumnus are awarded the College Motto Award 2018 from CMC Vellore. Deepak did his MCh pediatric surgery at Vellore and Ashita has MA in Bioethics from Trinity International University, Chicago, USA. They have worked in various EHA hospitals and were instrumental in reviving Baptist Christian Hospital, Tezpur, Assam. They currently are doing yeoman service at the Chichpada Christian Hospital, Chichpada Maharashtra. The CMC Vellore Motto is *"Not to be ministered unto, but to minister"*
- Submitted by Batch 1992

Stay Connected

CMC Alumni Xpress Connect is very proud of each alumni, many of whom continue to excel in various academic, leadership and service roles in India and across the world. We have many who keep a low-profile and work behind the scenes but have been instrumental in impacting the health and healing to thousands. CMC Alumni Xpress Connect encourages all its alumni to stay in touch with each other and with the College.

We would love to hear from you. We want to share in the joy of your academic awards and professional successes. We would like to be of assistance whenever and where ever we can.

Please drop a line at cmclldhalumni@gmail.com

Disclaimer : The views expressed by contributing authors are their own, and do not necessarily reflect the views of the Editorial Board of The Association of Medical Alumni CMCL and it shall not liable for any misrepresentation of information.

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