

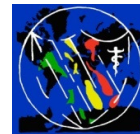
"My Work is for a King"

**Alumni Xpress**

The Newsletter of the  
**Association of Medical Alumni**  
 Christian Medical College & Hospital  
 Ludhiana (Punjab) INDIA



# CMC Connect



Jan-Feb- 2019

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## LETTERS

### From the Editor-in-Chief

Dear Friends,

As you read the first newsletter for 2019, we look back with pleasure to the batch of 2013 who take their first steps in the outside world. We wish them well and are sure they would uphold the 125 year legacy of founders and pioneers.

Newsonline: The happenings on campus, Christmas celebrations, Fetal Medicines meeting, Comprehensive Cancer Care all fill us with pride.

Alumni in Focus: The awards to our alumni are the cherries on the cake yet it is also with sadness we read the tributes by classmates and friends to those who have gone on ahead.

We can look forward to the kick off the year long celebrations. We request that you take time to engage with the CMC diaspora and the mother institution. Visit the website or drop us a mail.

We look forward to your homecoming.

Sincere regards

*-Dr Clarence J. Samuel'93*

### From the President

Dear friends,

It is with Great Joy we write these greetings as we see Gods faithfulness towards CMC over the last 125 years and this year 2019, is special as we remember God's faithfulness as we celebrate the 125 years of starting of Christian Medical College and Hospital at Ludhiana. We thank our Lord for enabling us to carry on this legacy and wish you and your family a very happy and blessed new year 2019 from all of us at CMCH.

*-Dr Ajay Kumar  
President*

### The Society of Fetal Medicine's Quarterly Meeting of Ludhiana Chapter Held at CMC



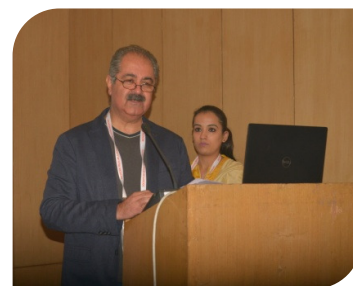
The Society of Fetal Medicine held the quarterly meeting of the Ludhiana chapter at CMC. The meeting was inaugurated by Dr Anil Luther, Medical Superintendent, CMC. The meeting was organized by the Society of Fetal Medicine, Department of Paediatric Surgery, Paediatric Medicine, Radiodiagnosis and Obstetrics and Gynecology. The topic of discussion was “Fetal medicine- How teamwork improves neonatal outcome.”



The Society of Fetal Medicine is a global forum of Indian origin that envisions offering every fetus an optimal outcome. The Society has already embarked on its mission of opening minds to fetal needs and is a continuously evolving multi-disciplinary organization with members from the fields of obstetrics, genetics, fetal medicine, ultrasound, radiology, pediatrics surgery, neonatology, pediatric cardiology, laboratory medicine, laboratory

technology, infertility, community medicine, medical statistics, medical ethics, social work and psychology. The meeting was divided into two sessions. Chairpersons for the first session

were Dr Ajay Aggarwal, Dr Sunita Goyal and Dr Shrestha Aggarwal.



Dr Dhruv Ghosh delivered a lecture on “What to find in an ultrasound”, Dr Kavita Bhatti spoke on, “Role

of steroids in fetal lung maturity, and Dr Ashok khurana informed about, “cutting edge updates in assessing fetal lung maturity. The second session was led by chairpersons, including Dr



Gurdeep Singh, Dr Suman Puri and Dr Jyotsna Gupta. Dr Zeenie Sarda Ginn spoke on, “When to deliver”, and Dr Inderpreet Sohi Kakkar delivered a lecture on, “Ante and postnatal neuroprotection.”



There was a panel discussion on the topic, “Dilemmas in Perinatology”.

Moderator for the discussion was Dr Ashok Khurana. A quiz for post-graduate students was conducted by Dr Shubhra Rathore and Dr Maneet Kaur.





## Cancer Care OPD Inaugurated



The Christian Medical College & Hospital, Ludhiana is proud to intensify its pioneering work in cancer which has been a source of support for many in this region in their fight against this disease. On the 1st of January 2019, Director, Dr. William Bhatti dedicated the region's most comprehensive and largest cancer care program in this region spanning from research, diagnosis, surgery, radiation, chemotherapy, stem cell



transplantation and palliation. Dr William on this occasion emphasized the fact that CMC has always been a

pioneer in cancer care in this region and would be one of the very few centers in this country with total cancer care team. In keeping with the commitment to serve the people of Punjab the new Comprehensive Oncology OPD was inaugurated, which will cater to all cancers and offer the best in this class of treatment. It is our intent and commitment to use this expertise so that no one is left wanting for care in cancer. Medical

Oncologist Dr Ashwin Philips emphasized about the role of optimal multidisciplinary



nary care in the management of cancer patients during the inauguration.



## Baccalaureate Service 2018

The Baccalaureate service for the Batch of 2013 was held on 21<sup>st</sup> December 2018. The service was led by Rev. Alex Peter and the Fellowship department. The service included hymns and bible reading followed by words of wisdom and guidance shared by the Director, Dr. William Bhatti and Principal, Dr. Jeyaraj Pandian. A touching speech, reminiscing the past five and half years of the batch was given by the class representative, Dr. Sijo Sam Saji. Dr. Ivy Sebastian from the department of Neurology spoke about her experiences as a medical graduate working at a mission hospital and gave words of encouragement to the fresh batch of MBBS doctors. The Principal's office unveiled the first copy of the 'Junior Doctor's Manual' at the event and presented it to the class. The Fellowship department gifted each member of the class with a copy of the Holy Bible with a personalized message within. The service culminated with a procession of the outgoing interns lighting up their areas of service in the Map of India as they sang 'Carry your candle'. The service marked the one last time the entire batch sat together as a class. Though this chapter of our lives draws to an end we leave as proud bearers of the Institute's heritage of service and commitment.

*-Dr Jaline Esther '13*





## Baccalaureate Service Photographs



## Outgoing Intern's Batch Report

(Batch of 2013)

On 25th July, 2013 75 naive teenagers entered the gates of this esteemed institution. All from different parts of the country with varied cultures united under one roof. The Students Council of 2013-14 took us under their wings as we underwent our orientation programme. The council made sure that we get to know each other even if it meant that one boy has to sit in between two girls. Council took us for a trip to Chandigarh under the orientation so as we get to know each other better. We used to have customary meetings with the council every evening where we were grilled for all the mistakes that we used to commit. Freshers happened and all of us participated showcasing our talents some of us our new found talents in front of a very "enthusiastic" student body. Systole came next and we enthusiastically participated and also helped our council organize it. We cheered the CMC volleyball team to victory against the CDC team in an epic volleyball match on Independence day. Our cheering was so effective that two of our batchmates were called to the CDC principal's office the next day. Time passed and love bloomed in the batch. First send ups happened and most of us didn't have a clue on what was asked. We went home happy and as a Christmas surprise the college sent our attendance and performance to our parents. Christmas was a "Blast" for most of us thanks to the college. We came back from home

resolving to study hard but then came the musical weakening our resolve and we participated in all the departments. First prof came and we aced with flying colours. Second prof started with 'honeymoon' period with most of us retiring to the comforts of our rooms in the hostel. We snuck out on a trip to Kasauli during this time Honeymoon period ended with a rude shock of send ups were we as usual were clueless. We came back prepared for another musical but were disappointed to know that instead of a musical a play will be held. Nonetheless we participated. We went on our first "official" batch trip to Manali which was a welcome break from the hectic life here. Systole happened and we participated with full vigour. Profs came and thus ended the second prof. Next year started with discussions for the next musical as it was our turn to head musical. We along with the help of batch of 2011 gave the city of Ludhiana arguayits greatest hits ever the magnum opus "LION KING". We formed the council that year and we did a pretty good job. Next we headed to Rishikesh to cool off. Profs came and we entered final year. Final year involved most of us running around making up our gynae attendance. It mostly involved weekly audience with the principal requesting for extra class. But amongst all this some of us found time to take part in Aladdin the musical. Profs came and finally on 29th



December, 2017 CMC produced another set of new doctors with an excellent results involving the University Topper, distinction on Obs & Gynae and three ranks in the top five in the University. Internship involved most of us meeting in the ward 7 hallway dropping samples and making acquaintances with the laboratory technicians so that we get report as fast as possible. We managed a trip to Dalhousie thanks to a university rank and distinction.

5.5 years had its ups and downs but we all stuck together and as we leave for our future endeavours we remember fondly all the teachers who have painstakingly and patiently taught us all they could. We thank the administration both old and the current for all the help they have provided us. We thank the

student council 2013-14 for moulding us into what we are and also all our dear seniors and juniors for being there when we needed them.

We thank the Principal's office for preparing an Intern's manual for all of us going for our mission postings and also a special thanks to all our teachers who contributed in it.

As enter a new phase in our lives we will never forget all the values that this institution has given us and we hope that we carry forward the legacy and become a beacon of hope to many.

*-Dr. Sijo Sam Saji'13.*

## Institutional Christmas Celebrations 2018



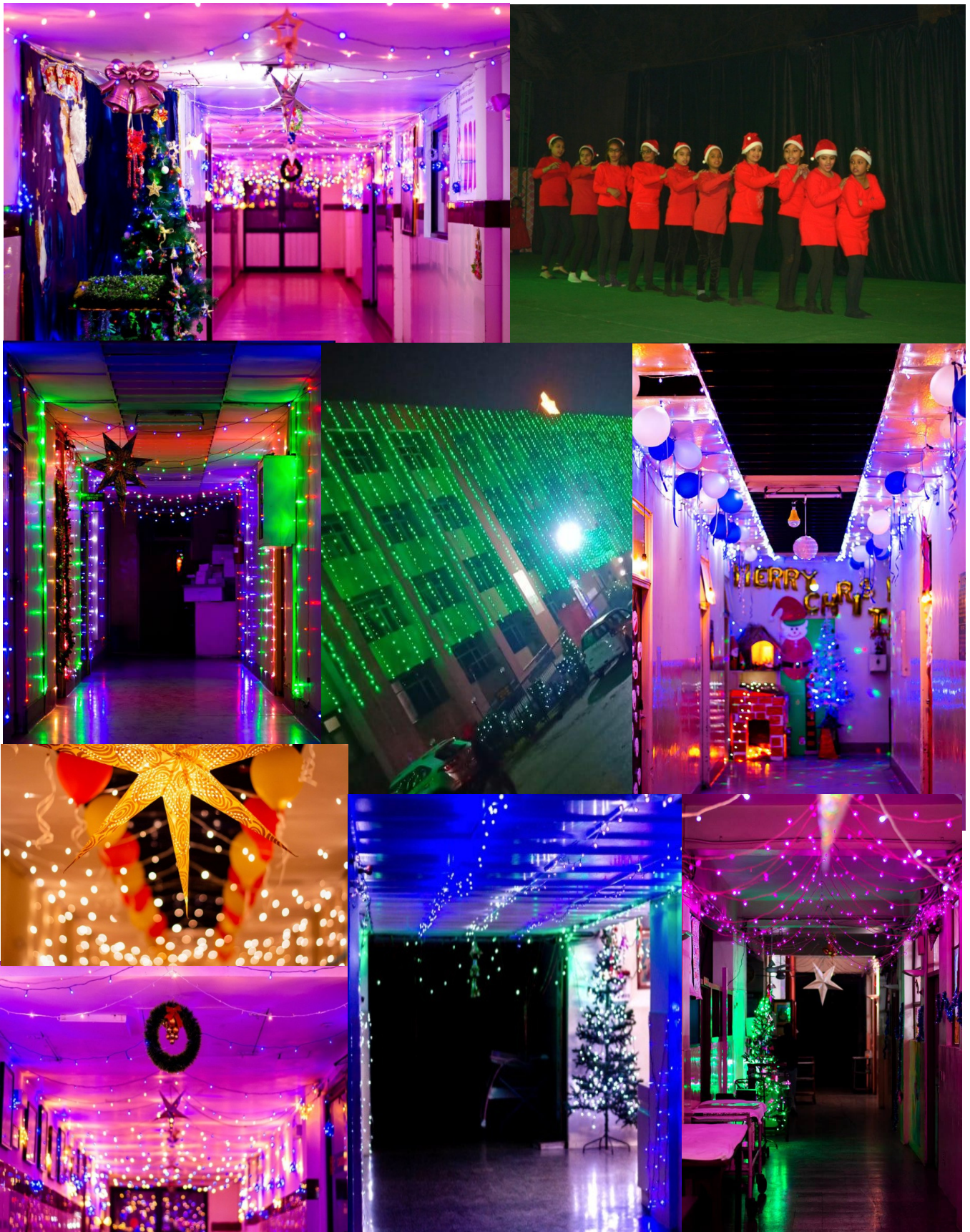
CMC, Fellowship Department organized 2018 Institutional Christmas Celebrations. This year we had two choirs. Jr. Choir was led by Dr. Jeniffer Vincent and had 56 members from all the five colleges of our Institution. Sr. Choir was led by Dr. Jiju George Zachariah comprising 36 members from staff and faculty. There was a Kid's Choreography, choreographed by Dr. Manu T. Pillai & Dr. Jasmine Kaur from CDC. 24 kids from our campus danced on a medley of different Christmas Song. It was a refreshing sight. 12 Students from all the colleges of our institution done a choreography directed by Dr. Pavitra Zachariah & Dr. Sijo Sam Saji. We are really thankful to CNI, Kalvari Church, Mar Thoma Church & Orthodox Syrian Church from Ludhiana and different departments from the institution to participate in Christmas Camp Fire and turning it into an Ecumenical Celebration. Participation of staff from institution and all the students from College of Nursing in Ward Caroling was really appreciable. Our Director Dr. William Bhatti gave the New Year message to CMC community during New Year Devotion. We praise God and thankful to everyone in our institution for all the arrangements in this year's Christmas Celebration.

*-Rev Alex Peter*











## Republic Day 2019

70th Republic Day was celebrated at CMC with Patriotic spirit. The Program started with thanksgiving service for the country at the college chapel, followed by Flag hoisting, March past and cultural events. The Chief Guest, Dr. Deepak John Bhatti Dean (Colleges) Baba Farid University of Health Sciences, Faridkot was introduced by the Director, Dr. William Bhatti. Speaking on the occasion, the Chief Guest Dr. Deepak John Bhatti stated that we as responsible citizens of this sovereign and diverse nation we must work together to develop this nation in every field because when the nation develops so does the character of all its components and institutions. The presence of the Administrative team, staff and students marked the occasion. At this occasion, 30 CMC staff members who had completed 35 years of dedicated service were honored. The Program was organized by College of Physiotherapy Patriotic songs and Folk dances were presented by the students of five colleges of CMC i.e. Medical, Dental, Nursing, Physiotherapy & Institute of Allied Health Sciences (IAHS).



# CHRISTIAN MEDICAL COLLEGE & HOSPITAL



# CMC



## INVITATION

### CHRISTIAN MEDICAL COLLEGE & HOSPITAL

### 125 YEARS CELEBRATION

MARCH, 2019

Dear Alumni,

This year Christian Medical College and Hospital, Ludhiana celebrates 125 years of service to the state and the nation. The Institution remains indebted to the vision and perseverance of its Founder Dame Edith Mary Brown. We dedicate in this year 2019 with prayer and determination to honor the spirit, faith and perseverance of Dame Edith Mary Brown.

You are cordially invited to be a part of this Grand celebration which is going to be held in March, 2019. Below is the program for this grand event.

So do plan and travel to be here in March.

Looking forward to meeting you all...

With Best Wishes!

**Dr William Bhatti**

**Director**

**Christian Medical College & Hospital**

Programme	
<b>INAUGURATION KICK-OFF FOR QUASQUICENTENNIAL CELEBRATIONS</b>	
March 1, 2019 [Friday]	Inauguration of Dr Brown Heritage Center By Shri Brahm Mohindra - The Health & Family Welfare Minister of Punjab Burial of Time Capsule in Lady Wellington Lawn Worship with Governing Board Members in Assembly-Hall
March 4-7, 2019	Thanks giving Worship with staff in Assembly-Hall
March 22, 2019 [Friday]	Reunion of MBBS batches 1969 & 1988 8AM-1PM Annual Convocation 2 PM onwards Minimal Access Surgical Workshop 8 AM Onwards
March 23, 2019 [Saturday]	First Dr F C Eggleston Memorial Oration
March 24, 2019 [Sunday]	Founders Day Celebrations with Honorable Chief Minister of Punjab Capt. Amarinder Singh
April 4-8, 2019	First Junior World Congress 2019

You are welcome to contact us – [cmldh125@gmail.com](mailto:cmldh125@gmail.com)

(There may be a few changes in the program)



## ALUMNUS IN FOCUS

### **3 CMC Alumni get the F.I.C.O.G Fellowship Congratulations!!**



It's was monumental day when 3 CMC Ludhiana alumni were recipients of the prestigious fellowship awarded by Indian College of Obstetrics and Gynecology (ICOG) of FOGSI at Bangalore. Dr Veronica Irene Yuel '93, Dr Shiny Varghese Varughese PG'2004, and Dr Seema Grover (Bhatti) '88 have also been awarded the same, in the same convocation.

### **Tribute to...**

#### **Dr Anita David (Bose)** (Batch of 1980)

Dr Anita David (Bose) left us for her heavenly abode on 10<sup>th</sup> Dec, 2018. Anita, my batch mate and friend, was a gentle, ever smiling person who sang beautifully. The lovely memories of studying, singing and praying together, enjoying musicals, plays, class parties



and picnics will linger on...Years passed after we parted ways in college and we reunited again as a

batch. She had become a gracious lady with a wonderful family whom she loved. We had regular get-togethers and Anita was always there, even for the one we had about 2 months ago. Neither her illness nor the pain and suffering following her surgery could scar her inner beauty. She always faced her health problems with grace and courage. Her tremendous faith in God, positive attitude to life and her inner strength have touched and inspired us all.

Anita, we will always remember you as our dearest friend. You are the first from our batch to have left us. You will always live on in our hearts and memories. In our grief we celebrate your life.

Rest in peace, dear friend!

*-Dr. Mary Varghese (John Vettath) '80*

#### **Mr. Milan** (Manager, ELS bookshop, CMC)



Mr. Milan Chandernaik worked in ELS at CMCH for more than 30 years. He was instrumental in starting the ELS book shop for which he was appointed as the manager. He also worked in ELS at Vellore also in between. After retirement he continued to stay on in Ludhiana and worked with IELTS center in Ludhiana. He died on 19<sup>th</sup> January with an Acute Coronary event. He will be remembered for his efforts to give God's Word to the people through ELS.

# FACULTY SPOTLIGHT

## Welcome to the CMC Family!

### **Drs. Partho Mukherjee & Deepti Bal** MBBS, MS, Mch (Urology)



Dr. Partho Mukherjee joined CMC as Assistant Professor & Head in the department of Urology. He did his MBBS from CMC Vellore, MS from CMC Ludhiana and he did his MCh (Urology) also from CMC Vellore. His wife Dr. Deepti Bal has also joined the Department of Neurology as a Resident.

*I express my sincere gratitude to the CMC, Ludhiana family for making us feel at home here. I have joined the Department of Urology and am eager to contribute to the institution. My wife Dr. Deepti Bal has joined the Department of Neurology as a resident. She feels extremely honoured to have the opportunity to be mentored here. We are both looking forward to this great experience ahead of us. – Dr Partho Mukherjee*

### **Dr. Uma Kant Dutt** MBBS, MS, Mch (Urology)

Dr. Uma Kant Dutt joined CMC as Assistant Professor in department of Urology. He did his MBBS from Govt Medical College, Mysore, MS from GSVM Medical College, Kanpur and he did MCh (Urology) from JIPMER, Pondicherry.



### **Drs. Anupam Philip and Rachael Philip**



Dr. Anupam Phillip and Dr. (Mrs.) Rachel Philip, a surgeon-anaesthesiologist couple (batch of '97 and '99 respectively) have joined the Bilga General Hospital. Both of them have done their graduation as well as post-graduation at CMC Ludhiana. After finishing their training they have worked in mission hospitals (Makunda and Alipur, EHA) as part of their service commitment. Dr. Anupam Phillip has worked as Medical Superintendent at the Burrow's Memorial Christian Hospital, Alipur.



Dr. Rachel served as the Senior Medical Officer. After shifting back to Punjab they have served at The Salvation Army MacRobert Hospital, Dhariwal. After that they worked at a private hospital at Guruharsahai (near there native place, Firozpur) in order to help with construction of a new house for their parents. They've both worked dedicatedly in senior positions in mission hospitals in remote locations and also have experience in the private setup. As a team they have experience of managing most of the surgical cases and medical emergencies. We pray that God will strengthen and guide them as they lead the team at the Bilga General Hospital. Our best wishes are with them.





## From the Archives



**1936**

**Dr. Brown with the faculty and medical students of CMC Ludhiana. Photograph date back to 1936. The Medical degree awarded to the graduates was LSMF. The first batch of MBBS students were admitted in 1953.**

### **ANNOUNCEMENT**

**Alumni Reunions**

**(Adm. Batch of 1969 & 1988)**

**MARCH 22, 2019**

The Reunion of the batches of 1969 and 1988 will be held on Friday, 22<sup>nd</sup> March, 2019 at CMC Ludhiana. The batches will celebrate their 50<sup>th</sup> & 25<sup>th</sup> year reunions respectively. We invite the alumni of both these batches to confirm their participation and to share contact information with us regarding their batch mates. We would like you to make the most of this opportunity to visit your Alma Mater and meet up with old friends. Please send us an email if you have not received our official reunion invitation via email.

**Contact us at: [cmcl\\_alumni@yahoo.com](mailto:cmcl_alumni@yahoo.com); [cmclldhalumni@gmail.com](mailto:cmclldhalumni@gmail.com)**



## Alumni Association Committee in front of College Chapel

### **Stay Connected**

**Dear Alumni,**

**Kindly follow the link below to update your information with us:**

<https://goo.gl/forms/7Xat8bllcvjMw3WY2>

CMC Alumni Xpress Connect is very proud of each alumni, many of whom continue to excel in various academic, leadership and service roles in India and across the world. We have many who keep a low-profile and work behind the scenes but have been instrumental in impacting the health and healing to thousands. CMC Alumni Xpress Connect encourages all its alumni to stay in touch with each other and with the College. We would love to hear from you. We want to share in the joy of your academic awards and professional successes. We would like to be of assistance whenever and where ever we can.

Please drop a line at: [cmcl\\_dhalumni@gmail.com](mailto:cmcl_dhalumni@gmail.com)

[cmcl\\_alumni@yahoo.com](mailto:cmcl_alumni@yahoo.com)

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