

"My Work is for a King"

Alumni Xpress

The Newsletter of the
Association of Medical Alumni
 Christian Medical College & Hospital
 Ludhiana (Punjab) INDIA



CMC Connect



April - June 2019

Volume XVI, Number 1

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LETTERS

From the Editorial Board

Dear Friends

Greetings from the Association of Medical Alumni, CMC!

It is a great pleasure and honor to send greetings from the alumni office on behalf of all the alumni spread out all around the world during this year as we are continuing to celebrate the 125 year long celebrations for Christian medical college at Ludhiana. The Editorial board has painstakingly collected all the information and put it in this online edition for all the alumni to go through and Thank God for all the Blessings and Good things that are happening in the portals of CMCH Ludhiana. After the March Founders day celebrations we had many programs including an international conference for the students, JWC Junior World congress, which was a great success. Do not hesitate to contact me or any of our alumni team if you are interested in contributing any article or any ideas you have for building up your CMC alma mater. Hope you enjoy reading and be connected with us and you are welcome to visit CMCH and be part of the good work happening here as we continue the 125 year celebrations here.

Happy reading !

Editorial Board

Musical:

"BADI MISS SAHIB"
 -The Legacy of Dr. Brown

ALUMNI IN FOCUS

Dr. Sandeep S. Chhatwal

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Alumni Sunday Chapel Service



There is a beautiful quote by American President John F. Kennedy, *"I think the success of any school can be measured by the contribution the alumni make to our national life."* Very true. We as Christian Medical College, Ludhiana are proud of our Alumni. They are the torch bearers of our legacy and commitment to *"Serve the King"* in whole world. We have a large community of Alumni spread all over the world and their love and contribution towards their Alma Matter is huge. So, being in sync with the Alumni Association Committee, CMC, Ludhiana, we conducted our first Alumni Sunday Chapel Service along with Holy Communion on 3rd Feb., 2019 in the College Chapel at 8.30 am. There was a Choir in leadership of Dr. Paul Sudhakar & members from the Alumni Association Committee led the service and prayed for the CMC Alumni spread all over the world. **Dr. Ajay Kumar** led in God's Word. We are thankful to **Dr. Kavita Bhatti** for this initiative and really appreciate the effort put forward by each and every member of Committee and Alumni Office in conducting the worship.



We have decided to have Alumni Sunday Chapel service on every first Sunday of every February.

Convocation 2019



The Annual Convocation of Christian Medical College, Christian Dental College, College of Nursing and College of Physiotherapy, Ludhiana was held on 22nd March, 2019 with traditional grandeur in the College Campus. Prof. (Dr.) Raj Bahadur, Vice Chancellor, Baba Farid University of Health Sciences, Faridkot was the Chief Guest.

Dr. William Bhatti, Director welcomed the gathering, Dr. Jeyaraj D Pandian, Principal, Christian Medical College, administered the Hippocratic Oath to the Graduates and presented the Annual Report of the College highlighting the achievements, awards and honours won by the faculty and the students.

The Chief Guest Prof. (Dr.) Raj Bahadur appreciated the role of CMC in providing quality medical education and health care. He urged the graduates to be responsive to the health needs of the society and fulfill their mandate of providing holistic health.



Eighty Six Graduates were awarded the degrees. Students excelling in various academic activities were awarded Prizes and Medals by the Chief Guest. Uday Modi, Manika Chaudhry, Abhilasha Sahil, Anmol Malhotra, Hunar Mahal, Sameera Kohli, Macwan

Annie Augustin, Rahil Masih were the prominent prize winners. Khushboo Saluja won the Vipin Khanna memorial Gold Medal for best intern. Dr. Anish Philips was awarded Dr. Jaswant Kaur Gill Memorial award for best outgoing Medicine Resident. Dr. Elizabeth Mary John was awarded Dr. Sheila Singh Paul Memorial Award for best resident in Pediatrics. Dr. Vinodhini V. Award for best resident in Diploma in Child Health, Dr. Joshua Victor was awarded Dr. Abraham G. Thomas award for the best outgoing resident in Surgery, while Dr. Rejul K Raj received the Faculty award for the best outgoing Orthopedics resident. Dr. Celin Sowmya S. received Shri Janak Raj Singla Memorial award for best outgoing resident in Radiodiagnosis. Overview of faculty achievements was presented by the Principals of the Medical College, Dental College, College of Nursing and the College of Physiotherapy.

The Association of Medical Alumni awarded the Life Time Service award to Dr. Saroj Chaudhary. Dr. V. K. Satija memorial Award for best Clinical Teacher was presented to Dr. Sarah Valson while the batch of 1976 Excellence in Teaching Award was awarded to Dr. Lydia Solomon. Dr. Eileen B. Snow -CMC Alumni award for best all- round graduate was presented to Dr. Raj Pratik. Dr. George Koshy, Registrar proposed the vote of thanks.

ALUMNI AWARDS

Alumni Lifetime Service Award 2019 presented to Dr. Sarojni Daniel Chaudhary



Citation: Dr. Sarojni Snehlata Daniel Chaudhary is awarded the Annual Alumni Lifetime Service Award of the Christian Medical College, Ludhiana, for the outstanding work done by her in the medical field after her graduation from CMC, Ludhiana.

Born on 31st July, 1943 in a middle class family in Maharashtra she belongs to the Batch of 1960 of Christian Medical College, Ludhiana. She is commonly addressed as Dr. Saroj Chaudhary by her colleagues and students. Dr Saroj Chaudhary graduated in 1965 following which she did her DGO in Obs/Gynae and MD in Obs/Gynae in 1967 & 1970 respectively. She was the first DGO candidate in the department of Obstetrics & Gynecology, CMC Ludhiana. After completion of MD, she worked in the department of Obstetrics & Gynecology. Thereafter, she was sponsored by U.S. based C.M.C. alumni to study Advanced Surgical Oncology at M.D. Anderson Cancer Centre, University of Texas, Houston, U.S.A. She was trained in Colposcopy from Health Science Centre, University of New Mexico, Albuquerque, U.S.A.

She served in Pahwa charitable hospital from 1975-1989. She served at CMC Ludhiana from 1989 to 1997 in Dept of Obstetrics and Gynaecology. She was also the Head of the department from 2000 to 2005. Dr. Saroj Chaudhary also worked as consultant in Ob/Gynae at AL-Jedaani hospital Jeddah, Saudi Arabia from 1997-2000 and then 2005-2008. Dr Saroj Chaudhary has served in several Mission hospitals and is still continuing to do so. She has also helped and trained young doctors in various Mission and Rural Hospitals such as Padhar Mission Hospital, Herbertpur Mission Hospital, Frances Newton Hospital (Ferozepur), Mission Hospital (Chattarpur), Mata Devi Kaushalya Hospital (Hambran, Ludhiana) and M.S.F. (Doctors without Borders) in their Maternity and Child Centre in a very remote Naxalite infiltrated area of Bijapur, Chhattisgarh and presently serving at Lady Willingdon Mission Hospital, Manali.

She has a successful and proven track record of significant contribution in the field of medicine, medical education and service. A professional in Obstetrics & Gynaecology with over 35 years of experience and hands on expertise in Obstetrics, Gynecology, Infertility, Obstetric Ultrasound, Colposcopy and Oncology. She has 16 years of teaching experience for under graduate and post graduate students in Obstetrics, Gynecology and expertise in working in various organizations – private/public hospitals, medical college and international assignments.

We recognize Dr. Saroj Chaudhary's commitment in providing medical services to the poor and marginalized with compassion, conviction, integrity and perseverance. In giving you this award, Dr. Sarojni

Snehlata Daniel Chaudhary, we take pride, for you have demonstrated to us how "To serve one another in Love".

**Dr. V. K. Satija Memorial Award-2019
for Best Clinical Teacher presented to
Dr. Sarah Valson
Asst. Professor, Dept. of Medicine**



**Batch of 1976 Award-2019 for
Excellence in Teaching presented to
Dr. Lydia Solomon
Asst. Professor, Dept. of Medicine**



**Eileen B. Snow CMC Alumni Award for
Best All Round Graduate- 2019
presented to
Dr. Raj Pratik (Batch of 2014)**



Alumni Reunions 2019

The Annual Alumni Reunion function of CMC was held on March 22, 2019.



Nearly 60 alumni from the batches of 1969 and 1988, visited their alma mater for their 50 years and 25 years reunion respectively from all over the world. Some of them visited decades after having left the portals of Christian Medical College! Many other alumni from over the various years batches also attended the celebrations.

The day started with a Worship Service, remembering the alumni who have passed on and are no longer with us, especially from the reunion batches. Dr Ajay Kumar, President, Association of Medical Alumni, CMC welcomed the visiting alumni. Dr. William Bhatti, Director, CMC & Hospital and Dr. Jeyaraj D. Pandian, Principal, addressed the gathering.

Dr. William Bhatti and Dr. Anil Luther (Medical Superintendent, CMC) gave away the mementos to the Reunion Batches. During this, the Alumni shared their experiences since graduation and also narrated anecdotes about their time spent in CMC many years ago. The alumni also visited the hostels, college and hospital premises to relive old memories and to see the newer developments that have taken place at CMC, since the days that they were here.



Batch of 1969: Dr Anil Chhabra, Dr Anup Sud, Dr Arun Kumar Handa, Dr. Deenesh S.K.Malagar, Dr Lewis R Samuel, Dr Linus J Emanuel, Dr Pradeep John, Dr Rahul Laroia, Dr Yogesh Chander Markan, Dr Rajesh C Sachdeo, Dr Asha Shamsher, Dr Bina John, Dr Jessica Evelyn Serrao, Dr Geeta Chhibber, Dr Neera Surie Chhabra, Dr Manorma Avasthi Markan, Dr Meenakshi Chhabra Budhraj, Dr Ranju Popli, Dr Shehnaz Lokhandwala Jacob.



Batch of 1988: Dr Anita Ramdas, Dr Gurjeet Kaur Malhi, Dr Jyoti Sidhu, Dr Kanwaljit Kaur, Dr Meenakshi Khanna, Dr Rachna Mittal, Dr Ravinder Pannu, Dr Sumeet Kaur Singh, Dr Abraham Kurien, Dr Amandeep Singh Rana, Dr Gautam Sharma, Dr Vinu Chacko George, Dr Gurpreet Singh Popli, Dr. Harjinder Singh Jakhu, Dr Jaskamal preet Singh Kahlon, Dr Kamaljit Singh Pannu, Dr Naveen Pereira, Dr Rajeev Joy Nathan, Dr Rajneet Singh, Dr Sandeep Mark Thirumalai, Dr Sandeep S. Chhatwal, Dr Sanjeev Joshua, Dr Barinder Pal Singh Ahuja, Dr Vishwaneet Singh.

Founder's Day & 125 Years celebration

The birthday of our Founder Dame Edith Mary Brown was celebrated on 24th March, 2019. This year it was a special day because CMC has also completed 125 years of excellence in teaching and healthcare to the country. As a part of Quasquicentennial celebrations eminent personalities from the city were invited.



Dr Sudhir Joseph, Chairman, CMC Governing Board graced the celebrations as the Chief Guest. The celebrations included release of a souvenir containing pictures about life of Dr Brown and a replica of a stone monument of Dr Brown was unveiled by the Chief Guest. The well wishers and supporters of CMC from the city were felicitated and they shared their experiences after being associated with CMC.



'MUQAAM 125'

On completion of 125 glorious years CMC family celebrated a fun filled evening 'Muqaam 125' with participation and cultural performances from all sections of the large institution. This celebration was conducted in Children's park, where entire staff and faculty showcased their talents. In the beginning of the event tributes were paid to the honorable founder Dame Edith Mary Brown. This was followed by Cultural events which included songs, Bhangra, Rajasthani dance performed by staff and faculty of all colleges of this institution. The crowd enjoyed thoroughly and cheered the performers. The audience was amazed to discover certain hidden talents among staff from maintenance department. Certain recorded interviews of retired staff and faculty were also shown on screen who shared their experiences as they had witnessed different times of CMC's

existence. There was a fellowship dinner also after the function. This event was a huge success and was attended by approximately 1200 people. Everyone

enjoyed and felt proud to be a part of an institution which has a great heritage and history.

Pictures of 'MUQAAM 125' Celebrations



The Inaugural Dr. F C Eggleston Memorial Oration

Dr. F C Eggleston was an American Surgeon who established the Surgery department at CMC in Oct 1955. He had established a modified American Residency Program in Surgery and had trained more than 100 surgeons in 3 decades. He was the major drive behind the development of Surgery in North India. Dr. Eggleston was the person who brought the concept of critical care in surgical patients.



Dr. Eggleston passed away in Nov 2016 in the United States. To perpetuate his memory, Dr. Sarjit Singh Gill, a renowned thoracic surgeon in US, along with other students of Dr. Eggleston, established a Trust – Dr. F C Eggleston CMC Ludhiana Trust. Trust will organize annual academic program at CMC Ludhiana.



Dr William Bhatti, Director CMC & Hospital, congratulated the department of surgery for organizing the first Dr F.C. Eggleston oration and speaking on the occasion he appreciated the outstanding commitment and service to the mankind by Dr Eggleston.

The inaugural Dr. F. C. Eggleston Memorial Oration was delivered to the jam-packed auditorium, by Professor Palanivelu and he highlighted the progress of laparoscopic surgery in last 25 years. He emphasized the great benefits of this technique of surgery as well as the upcoming new technique of surgery – Robotic Surgery. Dr. Palanivelu is well

known all over the world for his tremendous contribution in this field. He highlighted the increasing role of the minimal access surgery in patients with cancer.



This year CMC is celebrating 125 glorious years of history making us one of the oldest healthcare Institution not only in Punjab, but in India as well and as a part of 125 years celebration year, a Live Surgery and Gynae Workshop was held at CMC Ludhiana on 22nd March, which was attended by more than 250 surgeons from the region. Leading faculty from the Association of Minimal Access Surgeon of India (AMASI) took part in the workshop. CMC Ludhiana is one of the first medical college in North India to start Laparoscopic Surgery in 1993.



Dr Anil Luther, Medical Superintendent, Christian Medical College & Hospital during his address mentioned that it was God's calling which brought Dr F.C. Eggleston to CMC Hospital, Who was a highly respected and much loved teacher and served with tremendous skill, gentleness and compassion keeping in mind the vision and mission of our Institution.

CMC Completes 10 Years of Stem Cell Transplantation

Renowned Haematologist in India, the honourable Padma Shri Professor Dr. Mammen Chandy was the chief guest of the occasion which marked the transplant milestones at CMC Ludhiana. While addressing the audience, he explained on *“The Journey of establishing bone marrow (stem cell) transplantation in India and the hope for the future in curing the incurable cancers and blood disorders”*.



Following his speech, Padma Bhushan Shri S.P Oswal elaborated on the expectations from value based health care at Ludhiana. He mentioned that it is indeed a great achievement that there has been stem cell transplant services for more than 10 years consistently and there is a team which can look after the needs of the people of Ludhiana. Having completed 150 transplants and to have the patients, donors and their relatives here in our midst is the testament to the commitment of the team.

Thalassaemia major is one of the childhood blood disorders common in Punjab, which affect children to be transfusion dependent for life. Transplantation can offer cure to them and CMC Ludhiana has one more than 60 transplants for such patients including matched related and unrelated transplants. Many patients and their relatives shared their experience of undergoing transplant and it was time of reunion and expressing gratitude.



The year 2019 also marks the **125th anniversary (Quasquicentennial)** of CMC's inception in Ludhiana in 1894. There are only a handful of institutions in the country that have endured for over a century.

Stem cell transplantation is a team effort and it is only with the help of a full-fledged trained team of nurses, physician assistants, office personnel, and doctors it can be possible. The city of Ludhiana have access to autologous, matched sibling, matched unrelated, and haploidentical stem cell transplantation services. Let us hope that we would soon have a centre of excellence in transplantation and cancer research. Transplantation gives hope for blood cancers like leukemia, myeloma and lymphoma which can now be accessed in our city.



The First Junior World Congress!

The first ever International Conference for Medical students – Junior World Congress, 2019 was organized as part of the 125 year celebration at CMC Ludhiana. This academic fest from 4th – 8th April was organized by the medical students under the mentorship of the Principal, Dr Jeyaraj Pandian. This International conference brought together over 350 delegates from India, Bangladesh, Singapore, Thailand, Germany and Indonesia. Dr Prashant Mathur, Director of the National Center for Disease Informatics and Research, Indian Council of Medical Research (ICMR), Bangalore was the chief Guest.



The theme of the conference was Non-Communicable Diseases (NCD) and titled rediscovering the noble art. This 5 day conference was packed with keynote lectures, panel discussions, academic programs, hands on training through the workshops and medical Mini UN. This conference exposed the future doctors to the challenges of the alarming rise of the NCD's globally. There were oral and poster presentations of research work done by medical students. Besides academic program there were many cultural activities organized by the students. JWC was endorsed by Indian Stroke Organization, World Stroke Organization, World NCD Federation, Cleveland Clinic, Indian Council of Medical Research and others. Ms Idha Sood, Ms. Rohini Dutta and Mr. Vidith Philips were the organizing secretaries.



Prof. Peter Sandercock (UK), Prof Mammen Chandy, Prof Nihal Thomas, Dr Sajiv Cherian (Australia), MrRajinder Gupta, Prof Derick de Sa (Canada), Dr Sangeeta Mahajan (UK), Dr TarlokPurewal (USA) and Dr J S Thakur were the key-note speakers.



MCI's Implementation Support Training for New Curriculum of MBBS

Medical Council of India (MCI) has come up with new competency based curriculum for MBBS from the academic year 2019. Training of faculty is an important aspect for implementation of new curriculum. MCI started training faculty from 2009 with start of Basic Course Workshops in medical education followed by Advance Course that highlights curriculum designing. Basic course was revised and AETCOM (attitude, ethics and communication) module training was started. AETCOM is a forerunner of new curriculum. Since new curriculum has been launched the training has shifted to train the core group of faculty in the initial phase followed by training of all faculties of medical colleges. The program is entitled as "Curriculum Implementation Support Program (CISP)". The roll out plan on MCI website gives the time line for training the faculty in CISP (<https://www.mciindia.org/CMS/wp-content/uploads/2019/01/rollout-plan-ug-1.pdf>). The essential elements of CISP are based on requirements of new competency based curriculum as depicted in the new curriculum available on MCI website (<https://www.mciindia.org/CMS/wp-content/uploads/2019/01/UG-Curriculum-Vol-I.pdf>) This includes training in integrated teaching, early clinical exposure, foundation course, skills acquisition, electives, assessment strategies and graduate medical education regulations.

The training also focuses on implementation strategies and governance part of it in each medical college. Curriculum committee (CC) of each medical college is being trained and this trained CC will replicate these courses in medical colleges. Medical Education units (MEU) /Department of Medical Education (DME) will help the CC and faculty in training in essential components. Additionally more teams will work in alignment with CC and MEU/DME for developing institutional implementation. Topic teams, Curricular subcommittees and HODs will work together in these teams. All faculties of medical colleges will work in tandem and also integrate the teaching-learning sessions. Dr. Dinesh Badyal (National Convener, monitoring for conduct of CISP in medical colleges, Faculty CISP at MCI) & Dr. Tejinder Singh (Member, Expert Group; Faculty CISP at MCI), Department of Medical education, CMCL

CME on new curriculum of MBBS based on Competencies

Department of Medical Education (DOME), Christian Medical College, Ludhiana organised a National level 2 day 'CME cum workshop' on "Competency Based Medical Education (CBME)" from 29-30 April, 2019. Dr. William Bhatti, Director, CMC while inaugurating the event, highlighted the role of Department of Medical Education CMC, Ludhiana in training faculty of medical college faculties for new competency based curriculum for MBBS. He added that CMC is one of the ten departments of medical education in the country and faculty of DOME is trained in advanced courses and degrees in leading institutes in USA, UK, Europe and Medical Council of India (MCI).



Dr. Jeyaraj D. Pandian, Principal, CMC, welcome the delegates and resource persons. He added that CMC is at the forefront in contributing to new curriculum and training of stake holders. Dr. Dinesh Badyal, Organising Secretary of the CME informed that more than 160 delegates from medical colleges from all over India are participating. Dr. Badyal, who is involved in developing new curriculum for MBBS as Member of Reconciliation Board, MCI, added that this training is the immediate need for all faculties in all medical colleges as the upcoming batch of MBBS will have new curriculum from this year. He further added that the new curriculum is focused on competencies developed by MCI for all specialties and it will cater to changing needs of the society and advancement of technology in medical education. Dr. Anil Luther, Medical Superintendent, CMC while addressing gathering added that the competency based curriculum will improve the skills acquisition by the medical students. Dr. Karamvir Goyal, Member, Punjab Medical Council informed that 8 credit hours are awarded by the Council. The CME cum workshop is supported by MCI and Council of Scientific and Industrial Research (CSIR). The CME included sessions

on integrated teaching techniques, early clinical exposure of medical students to clinical scenarios, use of simulations & simulated patients, improved assessment strategies including formative assessment, assessment of attitudes, interactive teaching, small group teaching methods and students views on the new curriculum.



There were 2 panel discussion involving major stakeholders on 'Challenges in implementing the new curriculum in medical colleges' and 'Role of Institutions and faculty in implementing new curriculum' led by Dr Jugesh Chhatwal and Dr. Dinesh Badyal. There were multiple parallel workshops on each day providing hands on experience to participants in using new methods in teaching learning and assessment. The sessions in the CME were conducted by faculty of Department of Medical Education including Dr Jugesh Chhatwal, Dr. T. Singh, Dr. Monika Sharma (Vice Principal, Research), Dr. Gagandeep Kwatra, Dr. Bharti Uppal (Associate Medical supdt.), Dr. Sheena Singh, Dr. Pamela Alice K., Dr. Aroma Oberoi, Dr. Anjali Jain, Dr. Ajay Kumar, Dr. Deepshikha Kamra. The guest faculty included experts in medical education from AIIMS, MAMC, UCMS - New Delhi, Malaysia, People's college-Bhopal, DMC-Ludhiana, HIMS-Dehradun, SGRDIMS-Amritsar, AIMSR-Bathinda, PIMS-Jalandhar, GMC-Chandigarh and GMC-Patiala.



Musical 2019

'BADI MISS SAHIB' **The Legacy of Dr. Brown**

Badi Miss Sahib: The Musical, the 26th production of the Music & Theatre Workshop, CMC Ludhiana, was staged in Guru Nanak Dev Bhawan from 22nd to 24th of March 2019. The Chief-Patron and Principal, Dr. Jeyaraj D Pandian and Patron and Director Dr. William Bhatti were the pillars behind the huge success of the musical which was appreciated by all.



'Badi Miss Sahib' is the first original musical to be written and directed by the Faculty, alumni across the globe and the students of CMC. The concept of this musical was conceived by Principal, Dr Jeyaraj D Pandian, who thought it appropriate considering the 125 years celebrations of CMC, to honor the founder of the college, Dr Brown, by depicting her vision, struggles and mission to help the neglected and downtrodden women of India. More than 270 students from all 5 colleges took part in the play.



The cast direction was by Miss Blossom Jose, music was directed by Dr. Rickson Chelliah and Mr. Jeshwin Thamburaj under guidance of our very talented alumni across the globe. The

amazing props were the creation of Mr. Rixon Gill and Mr. Lovepreet Dhot and their team. The main role of Dr. Edith Mary Brown was played by Miss Jean Merene Johnson. We recognize the contributions of Dr. Johann Ebenezer, Dr Vinay Gaikwad, Dr Arpit Matthew, Dr Arjin Philips and Dr Ashish Abraham. The musical made history and depicted the theme for which CMC exists today.



PROJECT UPDATE

In January 2019, we had approached our alumni across the batches for raising funds for the renovation of the basketball, badminton and volleyball courts. We had also appealed for contributions to complete the snow hostel recreation room and for library digitalization.

As an answer to our appeal few batches took over the mantle. The badminton court renovation is being sponsored by the batch of 1986 coordinated by Dr Harish Iswariah and Dr Jaineet Sachdeva. The volley ball court funds have been raised by a group of 6 friends coordinated by Dr Dhruva Nath Ghosh. The library computational services has been taken up by the batch of 1992, under the leadership of Dr Ramandeep Arora. The Snow hostel recreation room renovations are jointly sponsored by the Batch of 1970 under the guidance of Dr Roy Korula and Batch of 2000 coordinated by Dr Vineeth Jaison. The most beloved of all the projects is the renovation of the basketball court for which the Friends of Ludhiana, Australia raised the majority of the funds. Since it was an enormous project, Batch of 1993 and ex basketball players from across various batches have pooled in to raise the funds.

Since we got an overwhelming response and many alumni were eager to contribute, a CMC development project committee was formed to oversee the management of these funds and dealing with the infrastructure and technical aspects of the entire renovation project. With the humble donations of the Batch of 1992, we were able to purchase a printer scanner which is income generating for the library.

Our hearts are filled with gratitude for all the contributions received in record time. We shall update you from time to time regarding the progress. We are still short by 7 lakhs for the completion of all the projects and would request the alumni who are keen on making a difference to please contact the principal's office at cmcprincipal@gmail.com Ph: 09646144193. We will be happy to answer all your queries and await your help for the successful completion of these college renovations on time.

Department Of Neurosurgery Upgraded With State Of The Art Equipment

The Department of Neurosurgery at Christian Medical College Ludhiana is one of the oldest in Punjab, North West India, started as early as 1963 by Dr. K.N. Nambudripad Pioneer Neurosurgeon. It continues to maintain the standards of excellence and provides treatment for all Neurosurgical diseases with world standard care and we have recently upgraded the Department with latest equipment for treatment under the leadership of Dr Sarvpreet Singh Grewal, Professor and Head of the Department of Neurosurgery.

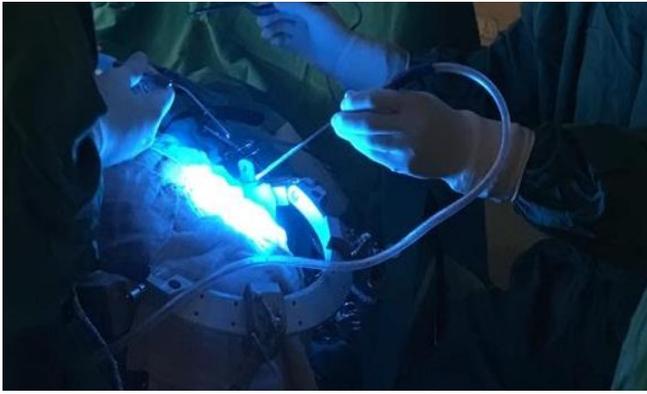
We are very grateful for the financial help by Mr. Shri Paul Oswal, Chairman and Managing Director Vardhman Textiles Ltd. Ludhiana, for procuring the operative and patient monitoring equipment for the Department of Neurosurgery.

We have procured the latest Neurosurgery operating microscope, CUSA machine, Midas Rex High speed drill, Neuromonitoring apparatus for the Neurosurgery Operation suite and Neurocritical care ventilators and Monitors with ICP monitoring for the Neurosurgery ICU.

The latest Neurosurgery operating microscope with intra operative indocyanine angiography and tumor fluorescence latest technology help in providing safe neurovascular surgery for treatment of ruptured aneurysms, vascular malformations and for better resection of tumors of brain and spine.

The CUSA (cavitron ultrasonic surgical aspirator) machine helps in doing safe excision of brain and spine tumors by avoiding injury to the blood vessels and nerves. The Midas Rex high speed electrical drill machine helps in doing safer and faster bone exposure in critical areas of brain and spine with enhanced precision and speed.

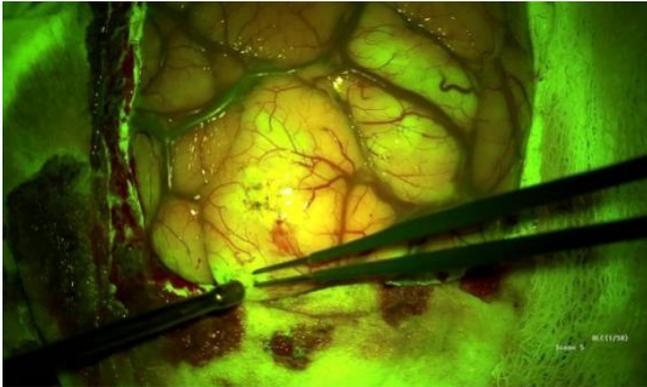
We are the first in the state of Punjab to procure the latest Neuro-monitoring apparatus which will help in safe intra operative monitoring of patients undergoing brain and spine surgery leading to better postoperative neurological outcomes and we are able to serve the patients with neurological disorders requiring neurosurgical intervention with compassion and high standard care.



A. THE LATEST NEUROSURGERY OPERATING MICROSCOPE WITH INTRA OPERATIVE INDOCYANINE ANGIOGRAPHY AND TUMOR FLUORESCENCE LATEST TECHNOLOGY



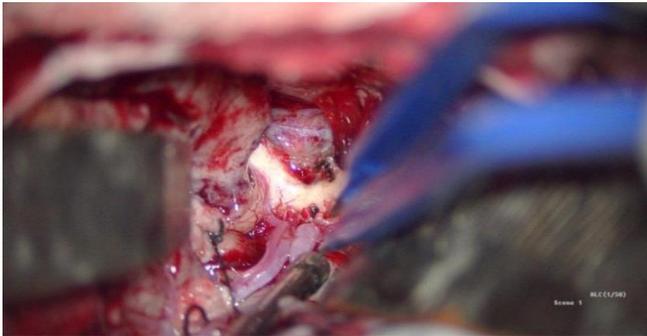
F. STATE OF THE ART CUSA MACHINE FOR PRECISE BRAIN AND SPINE TUMOR EXCISION.



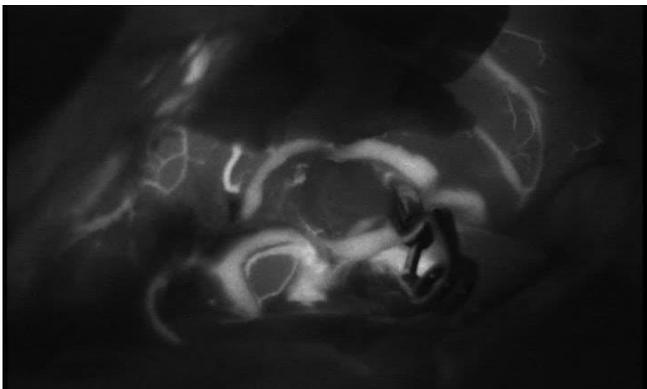
C. TUMOR FLUORESCENCE LATEST TECHNOLOGY



G. FIRST CENTER IN STATE OF PUNJAB TO PROCURE THE NEUROMONITORING EQUIPMENT



D. HIGH DEFINITION NEUROSURGERY MICROSCOPE INTRAOPERATIVE VIEW OF OPTIC CHIASM AND OTHER CRITICAL STRUCTURES



E. INTRA OPERATIVE INDOCYANINE ANGIOGRAPHY – SHOWING CLIPPING OF A DACA ANEURYSM

ALUMNUS IN FOCUS

Dr. Sandeep S Chhatwal

NANHI JAAN

Project 'Nanhi Jaan' started in 2010 when some extremely stressful circumstances were experienced at the Advanced Pediatric center at PGIMER,

Chandigarh. A lot of children were seen suffering due to mismatch in critical care equipment, skewed doctor patient ratio and lack of freely available consumables. It was then that a group of likeminded people got together and started striving to bring about a change. The parent NGO, **Veeranwali foundation** has been active since 2005 and is involved in ensuring education and health to the under-privileged besides marrying orphan girls.

The objectives of Nanhi Jaan include funding critical care medicines and specialized surgeries, funding critical care equipment, promoting health and hygiene awareness amongst economically weaker sections besides contributing towards education of these children.



Work done till date:

1. Equipment donated

Nanhi Jaan has donated and facilitated donation through its corporate donors machinery worth more than two crore rupees in Govt hospitals in the city. These include ventilators, baby warmers, phototherapy units, blood warmers, NIV's, ABG machines and a steriliser to name a few. These machines are touching 700-800 lives every month.....families who would be mourning for loss of their child.

2. Surgeries for underprivileged children

The project takes under its umbrella underprivileged children requiring surgeries for congenital heart disease or other congenital anomalies. Around 50 children have been benefitted from these. The cost for each such procedure is between 40000-200000.

3. Support for critically ill children

The NGO funds medicines, consumables, Intravenous Immunoglobulins for critically ill children coming to the emergency or admitted in the paediatric ICU at PGI, Chandigarh. Around 100 plus children are supported on monthly basis.



4. Play area at PGI

The organisation has been allotted an area at PGI which has been converted into a play room, a room which sick children look forward to, different from the mundane atmosphere of the hospital, a room where you just let go, forget your misery and have fun. Manned everyday by 3-4 lady volunteers we strive to bring a smile to these young lives.' Let joy be their toy' is what we believe. The play area has indoor games, slides and cycles, a 1500 book library, a multimedia area. The Playroom activities have become such a big hit that the prestigious schools of Chandigarh have approached us to allow their senior wing children, under their SUPW (Social Useful Productive Work) project to interact with the kids at PGI. International volunteers from AISEC work with the NGO during their internship.

5. Funding of special tests

To help the department of Paediatric Clinical Psychology in assessment the NGO imported and donated a psychological assessment equipment. Special tests for those children suffering from diseases which need further work up are sponsored by the organisation.

6. Spread the warmth campaign

We at Nanhi Jaan hold a blanket donation drive in winters and distribute these blankets to around 500 underprivileged families every year. Around 2500-3000 kg of old clothes are also raised for donation.

7. Donation of clothes and toys

The NGO runs collection drives in the city regularly to distribute clothes and toys to the needy children

8. Excursions and activities for underprivileged children

Excursions to places of interest in the city like the Rock Garden and activities like painting competition are conducted

9. Promoting awareness

Health and hygiene awareness and Road safety are areas where awareness drives are undertaken.

10. Education of underprivileged

The NGO funds education for 125 plus underprivileged children who do not have the means to carry on with their studies. Setting up of libraries in public schools and makeover of the schools by helping in infrastructure and teaching aids are also areas in the education field.

11. Community Langar

The NGO helps another NGO with ration to feed 175 children one decent meal a day since last 5 years

12. Expansion and streamlining of the emergency and intensive care at PGI

The NGO is working closely with the department of Pediatrics in the above areas to help streamline things both for the patients and the staff at PGI.

13. IVIG support at PGI advanced Pediatric Center

The NGO has furnished and equipped a special room at PGI which was handed over to the department. Besides this 6-8 children suffering from primary immunodeficiency are supported by the organisation on monthly basis.

14. Outreach programmes

Support to two dispensaries running free of cost and to children in villages around Chandigarh

About the Organisation

The Managing Trustee of the organisation is Dr Sandeep S Chhatwal, an MD in Internal Medicine. Around 100 people from all walks of life regularly participate/ volunteer in various activities and around 1200 -plus people donate/ support it's activities. Many schools and colleges regularly send students for volunteering. Corporates like Coca Cola India, Infosys, L&T, Samsung, Quark India are partnering in activities to name a few.

The NGO is registered for 80G tax exemption and donations under FCRA are eligible. More information is available at www.nanhijaan.in or on Facebook link Projectnanhijaan.

You could also look up a recent coverage in India Today on the link

<https://www.google.co.in/amp/s/www.indiatoday.in/amp/magazine/good-news/story/20190114-knights-in-white-coats-1422351-2019-01-05>

Should you need more information you can get in touch with Dr Chhatwal at 98153-12121



Dr. Sandeep S Chhatwal, M.D.
Managing Director
Omni Clinics and Diagnostics
Chandigarh

Stay Connected

Dear Alumni,

Kindly follow the link below to update your information with us:

<https://goo.gl/forms/7Xat8bllcvjMw3WY2>

CMC Alumni Xpress Connect is very proud of each alumni, many of whom continue to excel in various academic, leadership and service roles in India and across the world. We have many who keep a low-profile and work behind the scenes but have been instrumental in impacting the health and healing to thousands. CMC Alumni Xpress Connect encourages all its alumni to stay in touch with each other and with the College. We would love to hear from you. We want to share in the joy of your academic awards and professional successes. We would like to be of assistance whenever and where ever we can.

Please drop a line at: cmclalumni@gmail.com

cmcl_alumni@yahoo.com

ANNOUNCEMENT

Reunion of the Batches

(Adm. 1970 & 1989)

MARCH 24, 2020

The Reunion of the batches of 1970 and 1989 will be held on Tuesday, 24th March, 2020 at CMC Ludhiana. The batches will celebrate their 50th & 25th year reunions respectively. We invite the alumni of both these batches to confirm their participation and to share contact information with us regarding their batch mates. We would like you to make the most of this opportunity to visit your Alma Mater and meet up with old friends. Please send us an email if you have not received our official reunion invitation via email.

Contact us at: cmcl_alumni@yahoo.com; cmclalumni@gmail.com

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Contact us at :

Association of Medical Alumni Christian Medical College,
Ludhiana - 141008, Punjab, India Phone : +91-161-2115379 ,
+91-161-2115000 (8:00 hrs to 17:00 hrs), E-mail:

cmcl_alumni@yahoo.com

cmclalumni@gmail.com

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